

Scholarships

Educating healthcare professionals is the focus of the HMA scholarship program. Preparing qualified healthcare providers makes a tremendous difference in the quality of life for the ones receiving the education and the many who receive needed medical care, both here and in areas where there is little or no healthcare service. Your gifts yield tremendous returns.

Another Scholarship Nurse Graduates

After completing her six months of Community Service, required by Honduran nursing programs, Karen Tonoco (on the right) received her Auxillary Nursing Diploma this past summer.

Congratulations Karen!



Medical Scholarship student Alma Mejia (left) has completed her fifth year of her seven year program. Alma continues to do well in her studies and will receive another scholarship award in 2022.

We were also able to provide 2021 scholarships to two additional medical students in Honduras, who lost everything in the two hurricanes that hit there in late 2020, allowing them to continue their studies, despite the tragedy.

OLD DONATION ENVELOPES ENCLOSED
PLEASE WRITE-IN RETIRED MEMBERSHIP
FOR \$25 IF APPLICABLE

Graceland Nursing Scholarships Awarded

Working in conjunction with the Graceland Nursing School faculty, scholarships were awarded to four students for the 2021 fall semester. Shown here, Kathleen Shockley, HMA Executive Director presents the scholarship money to Dr. Jolene Lynn, Dean of Nursing, Graceland University.



Joan Pratt Education Endowment Grows

HMA is looking to increase Healthcare Profession Scholarship Awards in 2022. The interest from the Education Endowment, once fully funded to \$100,000, will provide monies for additional scholarships for years to come. The fund currently sits at just less than \$85,000. Help us raise the final \$15,000 and put this money to work helping more students become credentialed healthcare professionals, improving the lives of many. Our goal for 2022 is to raise the final \$15,000 necessary.

Thanks to our many wonderful supporters the Honduras Clinic will be open another year.



The September campaign fully funded 2022.

Look inside for Saira's report on the work of the clinic.

Thank you to all our generous donors who make our Honduras Program possible.

We asked Nurse Saira to give us first-hand report on running the clinic in Honduras.



Hello, my name is Saira Aguilar, I am a professional nurse, I belong to the Honduran College of Nursing Professionals. I am an HMA employee providing rural health care services in the La Boquita clinic and indigenous communities located in remote areas of Santa Barbara, a district in central Honduras.

Our mission is to provide patients with the healthcare they require, quickly and efficiently, for improvement of their quality of life according to their needs, built on ethical and Christian foundations. We are committed to satisfying the needs of our patients, friends and visitors from the moment they get in contact with any of the services we offer as an institution and as a health agent.

La Boquita Clinic is a great alternative for the population in this area. Free services of high quality and warmth are provided to all people, especially those most in need, people with limited economic resources, with physical difficulties, and health problems. Many of our patients come from neglected communities of our region that lack any health facilities and walk to our clinic for care.



For a limited number of communities further away, our program travels to them, providing care and delivery of their treatments monthly and free of charge.

We do all this thanks to all the people who with much love make donations so that this program continues to move forward helping those who need it most.

Saira Aguilar, Professional Nurse
November 2021

HEALTH SERVICES AT CLINICA LA BOQUITA

- Attention to diabetic and hypertensive patients.
- Removal of nails damaged by nail fungus
- Wound healing and suturing
- Treatment of burns
- Treatments for Vascular Ulcers
- Deworming children
- Clearing earwax obstructions
- Removal of foreign objects from ears, nose and eyes
- Oral and intravenous rehydration
- Post-operative care and suture removal
- Attention to depressive problems
- Attention to bedridden patients in their homes
- Provide health services in the communities
- Organization of foreign medical brigades
- Health education for healthy and sick patients

TESTIMONIES FROM PATIENTS OF LA BOQUITA

Lucia Gerezano: I have been a patient with an ulcer in my right foot for 15 years, a friend recommended that I visit nurse Saira in La Boquita clinic, I have been in treatment with her for 5 months and my first ulcer has healed and the second is about to close completely. I am very grateful for the free services and with much love that she is giving me. I wish you many blessings.



Rene Moreno: I want to tell my testimony that I suffered from pain in my right side years ago. I visited the La Boquita clinic being treated by nurse Saira, she gave me treatment and I was cured. Two years have passed and the pain does not return. Now I recommend to people that they visit La Boquita clinic.

Estela Quintanilla: I am a patient who suffered from an ulcer in my left foot for 5 years. I visited La Boquita clinic, where nurse Saira treated me. She was treating me for 6 months and my ulcer was healed. I am highly grateful to God and to the nurse that performs this work with dedication.

2021 Health & Spirituality Workshop

'Zoomed' to a Great Success!

HMA held our 19th annual "Health and Spirituality" workshop on August 21, 2021. The workshop titled "Mental Health: Moving Towards Well-being" focused on mental health issues which have been exacerbated due to the stress and restrictions of the Covid-19 pandemic.

An excellent group of mental health specialists and therapists presented sessions on Stress & Anxiety, Trauma & PTSD, Loneliness & Isolation, and Depression & Suicide. The keynote was given by Psychotherapist James Copaken, LCSW, LSCSW.

The closing session focused on "walking through the shadow" with mental health professional support, physical and emotional approaches, faith in God, and prayer.

Participants included health professionals, priesthood and chaplains, and those interested in health and wholeness.

As an affiliate of Community of Christ, HMA's priorities align well with the church, which has from its beginning, promoted wholeness. In fact, one of the church's enduring principles *Worth of All Persons* says "God wants all people to experience wholeness of body, mind, spirit, and relationships."

Because of ongoing Covid concerns, the workshop was offered very successfully for the second year via Zoom. Though personal relationships and visiting are missed, the Zoom approach allows more people from around the USA, Canada, and the world to participate. The workshop also supports World Church-related ministries and initiatives, such as body, mind, spirit wholeness and domestic violence.

***We look forward to next year's workshop!
Mark your calendars for August 20, 2022.***



James Copaken
2021 Keynote Speaker

A Letter from HMA President
Dr. Kathryn Minton



Greetings to all our Friends of
Health Ministries Association!

Early on the morning of November 19, I had the opportunity to view the partial Lunar eclipse at 3:00 am. The sky was clear, the moon was orange red, the eclipse was bright, both a Beaver and a Blood moon. I did not need any special equipment to see the eclipse and sat there wondering about the event. A partial lunar eclipse like this has not been seen in 600 years. I marveled at the blessings of God and His goodness in giving us blessings of joy and thanksgiving at the wonders of His creation.

HMA has continued to be blessed in 2021. Our Hearts for Honduras Rural Health Program was fully funded for 2022 during our September fundraiser! We were able to give our Honduran nurse, Saira, a raise which was well deserved. Also, the HMA Joan Pratt Scholarship Endowment is just below \$85,000 and HMA is hoping to raise the remainder of our \$100,000 goal so that we can use the interest to increase scholarships for both Graceland University, Honduras, and the possibility to expand to other third world countries. We provided scholarships to four Graceland nursing students this past year and will continue this program going forward. We continue to help Alma Mejia with her medical school expenses and are also currently considering other applications for Honduran students.

Without the help of our Friends of HMA, we could not accomplish the work set before us. We have many people which support HMA, and I thank each, and every one of you. May God continue to show the paths we must take so that we can appreciate the blessings and joy He extends to us.

May you be filled with joy this Holiday season.
Kathryn Minton, DDS

2021 Health Teams Canceled Again

The virus has once again necessitated the cancellation of this year's HMA health team to Honduras. The team visits provide multiple benefits. Saira hones her skills working with the team doctors, the doctors check the progress of previous patients and make recommendations, and HMA gets a first-hand report of the program in action.

Community of Christ
HEALTH
MINISTRIES
ASSOCIATION



1001 West Walnut
Independence, MO 64050
www.hmacofchrist.org
816-833-1000 x1262



***May Joy and Peace fill your
Christmas and the New Year!***

The generosity of our supporters this year has blessed so many through scholarships for medical students in Honduras, scholarships for nursing students at Graceland, healthcare and medicine for 100s of families in rural Honduras, and a zoomed Health and Spirituality Workshop on Mental Health that reached audiences across the USA and Canada.

Look inside for more detail about the good works in 2021.