

## Upcoming World Conference HMA Activities

When folks gather for Community of Christ World Conference, a palpable Spirit of God is present in the Auditorium. As HMA members come together for fellowship, laughter and recalled memories are always heard in the excited voices. Share together this year at the HMA Brunch.

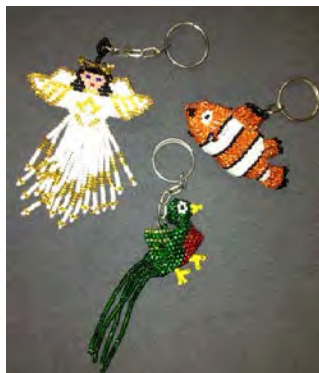
### BRUNCH, MEETING & SILENT AUCTION

**April 13, 2013 8:30am-12noon**

*"Rx for Joy: Paying it Forward"* is this year's event theme as HMA members and supporters come together for a Saturday morning Brunch, Open Membership Meeting, and Silent Auction Fundraiser in the new banquet room at the former Independence hospital, IRHC at 201 N. Forest Avenue in Independence.

The Brunch program will include election of Officers and Board Members for 2013-2016, a testimony by Dr. Roger Cabida who received student loan funds, updates on Guatemala and Honduras programs, and recognition of congregational support. Cost for the event is \$25.

Pay 2013 membership dues along with Brunch reservation and receive a coupon for a free Guatemalan keychain charm (valued at \$5) redeemable at the HMA World Conference booth. Dues payment and Brunch reservation can be made by phone, mailed to the HMA office, or on-line at [www.HMACofChrist.org](http://www.HMACofChrist.org).



HMA will again host a World Conference booth in the lower assembly room. Guatemalan key chains will be available for purchase as well as information



about HMA services and programs. Congregational Health Ministry packets will be available for members who want to organize a health ministry program for their local congregation.

During World Conference the HMA office will be open 8-9:30 am for informative sessions on HMA programs. All are welcome to attend. HMA office is on 5<sup>th</sup> floor, NW corner near balcony Section 8.

- Monday- Congregational Health Ministry
- Tuesday- Congregational Representatives
- Wednesday- Visiting Honduras as a student or health professional
- Thursday- Congregational Health Ministry (repeated)

The HMA office will also be open during the lunch breaks of the USA Conference.

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# “Providing Health with a Heart” in Rural Guatemalan Villages

Villagers come to the monthly health clinics in the Guatemalan communities of Pacoj and Los Magueyes for medical care, individualized treatment, medicines, eye glasses, and encouragement. Children are always present with issues of malnutrition, upper respiratory



problems and occasionally an insect in an ear.



Patients who have difficulty seeing well enough to perform daily tasks such as sorting beans or sewing garments are referred for reading glasses.

Between admitting patients, Marlon the Assistant Program Director helps patients find the correct strength of readers. While some folks may check the power by reading a newspaper, others will use the counted cross-stitching of their handmade traditional Mayan blouse.



As the nurses continue to serve their villages, special cases show up that need emotional and mental support beyond the medical

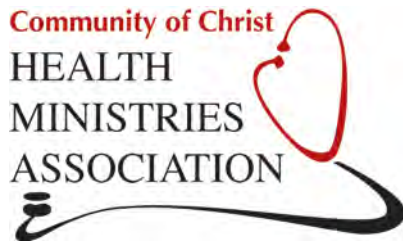


treatments provided. One mother realized her child was not progressing as other children. Her 18 month old with Down’s syndrome was extremely malnourished but has been receiving special supplements at the monthly clinics and is now gaining weight. Mother is encouraged that while the child will be slower to develop, with better nutrition and her love he will be able to thrive.

Edy is a teenager who comes to the medical clinics for emotional support as well as for medical help. Spina bifida has left him in a wheelchair unable to use his legs. Several years ago Maria and the staff transported Edy to Antigua for a new wheelchair. He now hopes to live there in the

Transitions Organization Home with other physically disabled people. A discussion with staff about an ATV (all terrain vehicle) made his face light up with hope of greater mobility some day. After medical care and encouragement, Edy struggles to propel his wheelchair up the steep, dirt and rocky driveway to the road that leads to his home.





*"Promoting Health  
with a Heart"*

## **MEMBER MEMOS**



### **The Value of Health Ministries "Association"**

HMA is different from most charitable organizations. While any organization will accept donations to further their good work, *HMA activities arise out of the needs and interests of our members. **Members drive HMA's program!***

- Guatemalan and Honduran member nurses are passionate about providing village medical care and helping their communities access resources such as clean water and stoves with chimneys.
- Congregational representatives are passionate about promoting health ministry by using health briefs and including HMA health classes in retreats and reunions.
- HMA members are anxious to share their expertise with other member health professionals and pre-professional students, expanding knowledge and providing encouragement.
- Members planning workshops are excited about ministering to and inspiring attendees, learning and sharing skills in health ministry.
- Fellowship of members develops professional networks and reignites passions about health ministry.

**Membership in HMA has value for *YOU* and *your* HMA membership is important to others who need *your* skills and knowledge, *your* encouragement, and *your* dues donation to assist their ministry. **Make your dues contribution for 2013 by the annual renewal date of April 1.****

Each spring HMA has an Open Membership meeting to elect officers for the next year and four board members who will each serve a 3-year term. This year's meeting will be held on April 13<sup>th</sup>, the morning of the opening day of Community of Christ World Conference. It will happen in conjunction with the Spring Brunch and Silent Auction fundraiser. Members who are current on 2013 dues are eligible to vote. The following individuals' names have been presented for consideration:

#### **Nominations for 2013-2016 Board of Directors**

Nadine Bennetts, MA Education  
Terry Flowers, RPh  
Sue Ridings, MS Family Life Education, retired  
Vickie Ward, APRN, retired

#### **Nominations for Officers for 2013-2014**

President  
Vice President  
Treasurer  
Secretary

Chris Stone, MD  
Kathy Robinson, RN  
Paul Bennetts, CRNA  
Don Potts, MD

**Web:** www.hmacofchrist.org  
**Mail:** 1001 West Walnut  
Independence, MO 64050  
**Email:** hma@cofchrist.org  
**Phone:** (816) 833-1000 X1262  
**Fax:** (816) 521-3084

#### **Board of Directors**

Tom Bennett, JD  
*Com. of Christ Legal Counsel, Retired*

Paul Bennetts, CRNA  
*Clinical Assistant Professor  
University of Kansas Medical Center*

Howard Braby, MD  
*OB-Gyn Practitioner, Retired*

Jean Brookens, MS  
*Registered Dietitian, Retired*

Jeanne Earnest, MS  
*Psychologist, private practice*

Ron Edwards, MD  
*Family Practitioner, Family Health Topeka*

Fred Hahn, MD  
*ENT Practitioner, retired*

Sandy Isham, RN, BSN  
*Clinical Research Consultant*

Catherine Madden Zahniser, MD  
*Psychiatrist, Children's Mercy Hospital*

Don Potts, MD  
*Family Practitioner, Retired*

Max Ridings, PT  
*Owner/Director  
OrthoSport Rehabilitation, Inc.*

Kathy Robinson, RN, MSN  
*Nursing Administration, retired*

Gary Rummel, RDMS, RVT  
*Sonographer  
University of Kansas Hospital*

Chris Stone, MD  
*Pediatrician, Children's Mercy Hospital*

Thelma Sword, RN, Ed.D.  
*Associate Professor of Nursing  
Graceland University*

#### **Staff**

Paula Rummel, RN, B.A.  
*Executive Director*

Diane Rogers, B.A.  
*Executive Assistant*

# 2012 Annual Report

Last year HMA received dues donations from 196 individuals including 12 international members- This represents Canada and Australia in addition to 5 Hondurans and 5 Guatemalans.

HMA continues to support the ministry of international HMA members providing medical clinics in Guatemala and Honduras. HMA also reviewed and strongly supports the Wholeness and Well-Being Resolution submitted by the Australian Mission Centre to be brought before the World Conference in April.

HMA's four main missional areas continue to be Health, Education, Spirituality and Networking. Most HMA activities actually encompass more than one of these four areas. The following are the primary activities within each area last year and percentage of budget expended:

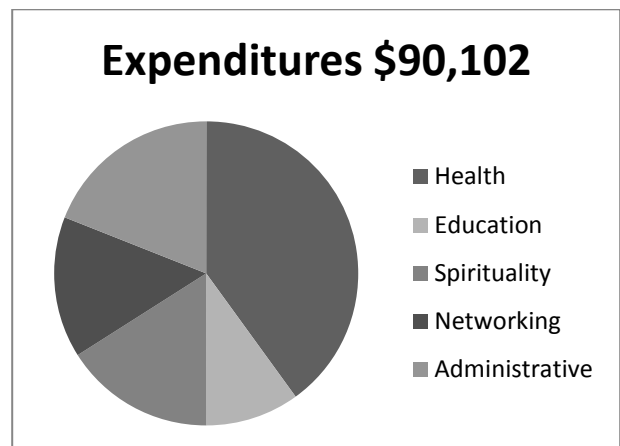
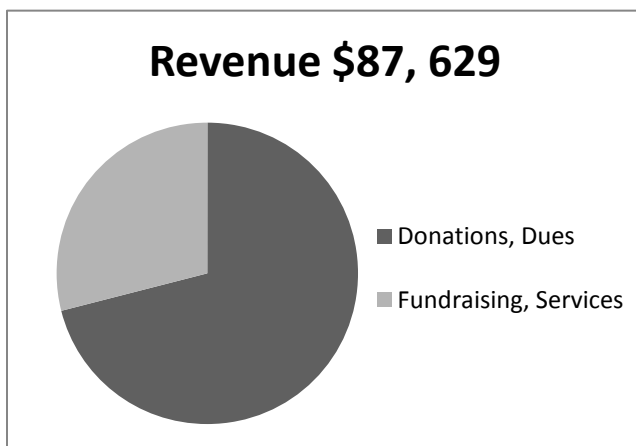
**HEALTH (40%)**- Domestic health fair, rural village clinics and public health issues in Guatemala, services and supplies for La Boquita Honduras clinic, volunteers and supplies for La Buena Fe Honduras clinic.

**EDUCATION (10%)**- Domestic health education through health briefs, guest lecturer for Graceland University classes, Health & Spirituality Workshop sponsor, funding high school education, nurse training and a medical school student for future international indigenous healthcare providers

**SPIRITUALITY (16%)** – Promotion of wholeness concepts through local worship services, Children's Peace Pathways event, Health & Spirituality Workshop, interfacing with Temple Strategies Team

**NETWORKING (15%)** - newsletters, letters, and email communications to members, supporters, and congregational representatives; fellowship opportunities at every event; site visit and mentoring members in Honduras; attendance at health events and trainings in Kansas City area

**ADMINISTRATIVE (19%)**- financial record keeping and providing receipts, fundraising, maintaining HMA office and records, coordinating with International Headquarters staff and offices



*HMA is grateful for the office space and equipment usage donated by the Community of Christ. At the same time HMA depends entirely on donations from members and supporters like you to fund HMA's domestic and international programs, administrative costs, and staff. Thank you to everyone who helps in "promoting health with a heart".*



**Membership Application  
& Renewal Form**

Membership is open to health care practitioners and others passionate about promoting health through ministry to body, mind, and spirit.

**Name:** .....

**Address:** .....

**City St. Zip:** .....

**Phone:** ..... **Cell Phone:** .....

**E-Mail:** .....

**Occupation/Job Title:** .....

**Credentials/Skills:** .....

**Congregation/Affiliation** .....

**NOTE:** If you are a member renewing your membership, please complete this form to verify the information. As a new member you may be contacted for additional information.

<b>Dues Categories:</b>	Student Member	\$ 10.00
	Basic Member	\$ 50.00
	Sponsor Member	\$ 100.00
	Patron Member	\$ 250.00 or more

**Participation:** I am interested in supporting financially and/or serving as a volunteer in these areas of ministry: **(Circle one or more)**

- |  |                                    |
|--|------------------------------------|
| A. Health and Spirituality Workshops               | E. Write articles or health briefs |
| B. Teach health classes at camps/reunions/retreats | F. Student Mentoring               |
| C. Camp Nurse                                      | G. Electronic communications       |
| D. Congregational Representative                   | H. International Health Team       |
|  | I. Health Career Scholarships      |

**Signature:** ..... **Date:** .....

Check Amt: \$ ..... OR Credit Card # ..... / ..... / ..... / ..... Exp. .... / .....

Mail to Health Ministries Association, 1001 W. Walnut, Independence, MO 64050  
Dues and gifts are tax-deductible as prescribed by the rules of the IRS under Section 501c3.

## Wholeness and Well-Being

*Community of Christ jurisdictions can submit legislation to be considered when representatives gather every three years to conduct the business of the World Church. This resolution was passed by Australia Mission Centre June 2012 for Legislative Action at Community of Christ World Conference 2013. They solicited input and assistance from Community of Christ Health Ministries Association, an affiliate organization of the Church. The resolution was considered at the HMA Open Membership meeting in April 2012. It received HMA support and willingness to work with other groups to enhance Wholeness and Well-being resources to be made available online if the legislation passes.*

Whereas, since the earliest days of the Restoration movement the concept of wholeness of body, mind and spirit has been one of our major emphases; and

Whereas, The *Basic Beliefs* of the church include a sacramental focus on laying on of hands for healing of the sick, and the Enduring Principles of the Church lift up Sacredness of Creation and our role as “stewards of care and hope for all creation”; the Worth of Persons declaring, “God wants all people to experience wholeness of body, mind, spirit and relationships”; and Responsible Choices, “called to make Responsible Choices within the circumstances of our lives”; and

Whereas, Good health and well-being often enhance the ability to make Responsible Choices and to be actively engaged as a good steward; and

Whereas, promotion of health-strengthening life habits, including diet, exercise, and spiritual disciplines, can encourage and enable good health and well-being, and

Whereas, Abundant evidence is accumulating around the globe about the inseparability of body, mind and spirit, and the things that do and do not contribute to good health and well-being; and

Whereas, Pursuing good health and well-being is essentially an individual journey that can be strengthened by the support and encouragement of a community; and

Whereas, The health-related associations of the church, have a long history of addressing the basic needs and wholeness of people; and

Whereas, The World Church website list of online ministry resources has more than 200 links but none directly referencing health, well-being, or wholeness; therefore, be it

***Resolved, That the World Church lift up wholeness and well-being to our members and to the world at large with similar clarity and emphasis as is given to other key principles such as generosity, peace and justice, and community; and be it further***

***Resolved, That the World Church actively encourage members to engage this quest for well-being and wholeness of body, mind, and spirit, making responsible, healthy choices as their circumstances permit, with priority attention given to children and youth; and be it further***

***Resolved, That resources be developed with assistance from the Health Ministries Association, the World Church Temple Strategies Team, and others, for assisting members to have access to information encouraging health and wholeness, including links between the World Church and Health Ministries Association websites, as well as other websites.***

# 11<sup>th</sup> Health & Spirituality Workshop

August 23-24, 2013

## “The Great Rx for Health: Caring for Self, Caring for Others”



Back by popular demand, Dr. Bowen White will deliver the keynote address for the 11<sup>th</sup> Annual Health & Spirituality Workshop on August 23, 2013 at the Temple. He will also present the Saturday morning keynote based on the book he co-authored, “The Clinicians Guide to Spirituality”. Dr. White offered a keynote at the 2009 Workshop themed “Health, Holiness, and Humor”. Participants asked that he return to present at future workshops.

Each year the Workshop offers interactive as well as informative skill-building sessions. The morning sessions this year will be topics to address Caring for Self and the afternoon sessions will deal with Caring for Others. As in previous workshops, the sessions promote wholeness of mind, body, and spirit in children, adults, and seniors.

Truman Medical Center is partnering with HMA for the Workshop and offering continuing education credit for nurses. Friday evening’s keynote is free and open to the public. Registration is required for Saturday keynote and sessions. Continuing education for nurses will be offered for an additional fee. Registration is available by contacting the HMA office, 816-833-1000 ext. 1262, or on-line at [www.HMACofChrist.org](http://www.HMACofChrist.org).

## More Patients Now Being Seen At La Boquita Clinic

HMA member and nurse Saira Giron operates the La Boquita clinic every day since she is longer works at the



government clinic. With the additional time, Saira had

hoped to attend more university classes. Unfortunately, the university suspended satellite campus classes putting on hold her professional nursing degree.

Expanded hours of the La Boquita clinic now means more medication is dispensed, depleting Saira’s meager inventory. While patients do pay a small amount for meds, it is not enough to cover the cost of replacement. *You can make a donation through HMA for the purchase of medicines for La Boquita Honduras clinic.*

HMA donors assisted in the expansion of Saira’s clinic in 2012. There is now a waiting area out of the rain and a larger patient examination area with a sink. These improvements enabled better patient care for the rural Honduran villagers.



11<sup>th</sup> Annual Health and Spirituality Workshop  
**The Great Rx for Health:  
Caring for Self, Caring for Others**

August 23 & 24, 2013 Community of Christ Temple,  
201 S. River, Independence, MO



**Save the Date to Join Us on the Green** for fresh air, fitness, friendship, & fun!  
**2<sup>nd</sup> Annual HMA Benefit Golf Tourney Saturday, June 8, 2013**



Online info. & registration  
[www.hmacofchrist.org](http://www.hmacofchrist.org)  
For more information contact Ma  
Ridings 816-796-9915 or HMA  
office 816-833-1000 ext.1418

