



Spring 2003

HEALTH MINISTRIES ASSOCIATION NEWSLETTER HAS NEW NAME and MASTHEAD

Eight months ago the HMA communications committee began a process of examining the logo of the organization to determine if it 1) represented the organization with the recent changes in membership and ministries and 2) how well it communicated the mission. An interim logo was crafted for the newsletter by the church art and design department and has been used for the past several newsletters until the new logo could be crafted.

While the previous and the interim "world" logos appeared very professional, the committee felt that they lacked a human touch that could assist in creating an emotional response. Symbols that the group felt would be

... better represent the body, mind, and spirit focus...

more descriptive of the current organization included hands, hearts, and a universally recognized medical symbol. These could better represent the body, mind, and spirit focus of the local community missions, congregational nursing, and chaplain ministries in addition to the ongoing international missions.

Several designs were created with these symbols by different individuals. The selection came down to two designs; both included the heart symbol. The committee made the decision that the newsletter was the primary communication to contacts and friends of the organization and should have the entire name displayed prominently with the stethoscope as a symbol of the health professionals of the organization. Also, the decision was made to change the name of the news letter to "Healing Hearts Herald".

The committee felt the heart in the logo portrayed the "heart's desire" of the membership to serve others. The website, clothing, stationary, receipts, and business cards will all have the new logo. "Healing Hearts" is the new byline selected to accompany the new logo.

Mission Statement

The Health Ministries Association is a charitable organization of volunteer health care providers dedicated to promoting health care, advancing health education, promoting wellness, and networking with others to empower the physical, mental, and spiritual well being of those we serve

HEALTH TEAMS USE NEW SKILLS

Health teams are reflecting the diversity of membership within HMA Medical. nursing and pharmacy students continue to participate in health teams but new occupations and skills are also staffing the teams

The Dec 02 team to El Refuge Orphanage had two team members with roles not frequently seen on health teams. Vikki Morain conducted hearing and vision screenings of the children and John Kihiken's role was recreation and interaction with the children. The orphanage now has complete medical records that include the vision and hearing. Dick Young, DDS also compiled dental records on each of the children and identified restorative work needing to be done. Pediatrician and team leader Bob Paschall states that this team needs someone to specifically interact with the children in organized play at the orphanage. John is a college student at DePauw University (additional team members. Cara Jones dental assistant, Julie Konopka, nursing student Nancy Quigley. RN, PNP; Arrly Zelaya. interpreter)

The March 03 team took an occupational therapist, to La Buena Fe and Guatemala. Susan Mullins is the first OT to participate in a team although she has been to many places around the globe. Each location has presented new challenges and opportunities to share her skills with indigenous peoples. Injury rehabilitation and good body mechanics are part of the training she provides (additional team: members. Ron Edwards, MD, Sue Edwards, RN, Ruih Humbert, RN, Marx Dixon, MD, Frank Demery, MD, Gail Miller, RN, Terry Miller, Melba Jean Dixon, Vern Dixon; Lisa Beavers, and Dean Beavers)

Ruth Humbert, RN, is trained on vision screenings and providing eyeglasses but her role is changing. Ruth has received financial support from the Kansas Lion's Club for a kit that allows her to construct eyeglasses on site to fit the needed prescription. She has screened patients on 8 separate teams over the past few years but the kit allows her to provide a higher quality of care

The January team to La Buena Fe included Shannon Hattey, RPh, Howard Braby, MD. Pamela Stewart, MD, Martie Thompson, RN, Sharon Fletcher, RN, Amy Hynek pre-med student and Mack Thompson student.

NEW PORTABLE DENTAL EQUIPMENT DONATED

Dick Young, DDS received donations from his congregation and purchased dental equipment that travels in 5 metal cases with a built-in hand truck. The set-up includes an exam light, suction, compressed air tank, drill, and X-ray capabilities. The equipment was stored at El Refugio Orphanage after the Dec / Jan mission where he examined all the children and created dental records. Dick attends the Knoxville, Iowa congregation.



CONGREGATIONAL NURSES MEET

Congregation Nurses recently had a Get-Together at the Temple to begin networking and sharing information and resources. The event was well received and a 2nd Get-Together is planned for May 31, at the Temple from 9-12 noon. Also, an email information network was compiled of HMA members interested in congregational nursing to share pertinent information, available resources, and websites. Although there are few established congregational nurse programs, there in growing interest and exchanging ideas was very helpful for participants.

Persons who renew their membership or join HMA with a minimum contribution of \$25 can request and receive a book free on parish nursing, "Nursing in the Church" from Nurses Christian Fellowship. (An additional donation of \$2 to cover the postage of any book mailed would be appreciated). This book is offered as a handbook on parish nursing and the last HMA newsletter included a flyer on the book with the cost of \$20 + \$4 shipping and handling. Until Temple School courses can be written, this is an excellent resource.

Winter Field School 2004 will offer a congregational / parish nurse course that we hope will meet Missouri and national guidelines for a parish nurse certificate. Please let us know if this is of interest to you or if you have expertise that you could share.

Information was shared at the February Get-Together by the American Heart Stroke Association and Nutra-Net. The AHA provided information on an educational kit available (through grant monies.) to local congregations who conduct a Blood Pressure Sunday and submit the raw data. Nutra-Net presented their low literacy cookbook, a senior's nutrition program, and their program to train instructors for nutrition classes.

Future Get-Togethers will also have short presentations from other community resources and agencies. Again, if you have suggestions or expertise that you could share please contact Fran Atkins at Franda@ctcis.net or Paula Rummei at prummel@CofChrist.org or 800.825.2806.

SOMETHING EASY YOU CAN DO TO HELP

We often overlook items that missions need, For instance, the extra -soap and shampoo at the motel that you don't open could be given to needy folks. Health teams, local agencies, and homeless shelters caring for indigent populations could use those items as well as tooth brushes, toothpaste, combs, and brushes. If you just can't pass up those bargains at the Store, Send them to HMA and we will pass them along to the folks who need them (or support your local service providers). Those extra clothes and shoes!! Letting someone get use out of unused items is good stewardship, too!

CONTRIBUTION AND / OR MEMBERSHIP FORM

Information may be taken over the phone by calling 800.825.2806 ext 1262 Mon., Thurs., or Friday

Name.....Phone.....Occupation.....

Address.....

E-Mail.....Signature.....

Level of Membership: \$.....Member (\$25-\$99) \$.....Sponsor (\$100-\$249) \$.....Patron (\$250 & up)

Additional Contributions: \$.....Onil Stoves/ Ruth Humbert support in Guatemala @ \$100 each

\$.....General Fund, \$.....Missions Fund, \$.....Chaplain Ministries, \$.....Cong. Health Ministries

Payment Method:Check

Please mail to: Health Ministries Assoc. 1001 W. Walnut Independence, Mo 64050

.....VISA.....MasterCard #.....Exp. Date.....Amt.....

Pledge amount: \$.....monthly, \$.....quarterly. Will make by check....., Make by credit card.....

Ministry and Committee interests:

HEALTH AND SPIRITUALITY WORKSHOP

Sept, 12-13, 2003 AT Temple in Independence, Mo.

KEYNOTE SPEAKERS- Joy Weydert, MD and elder; John Swift, St. Lukes Hosp, Chaplain
BREAKOUTS/SESSIONS-

Anointing and Prayer- Dan Waite, retired DDS and Community of Christ Evangelist

Chaplain ministry- John Swift, St. Lukes hospital chaplain

Compassion Fatigue; Caring for the Caregiver- Nancy Crump, M.S., grief counselor

"Don't give me platitudes when I'm hurting"- Sandee Garnet, Conflict Resolution Specialist for Community of Christ and Diane Kyser, Executive Director for Community Mediation Center of Eastern Jackson County

Health Ministry as Parish (Congregational) Nursing- Barbara Joiner. RN and Parish Nurse

Integrating Health and Spirituality Joy Weydert, MD at Children's Mercy hosp. and Community of Christ Elder

Medicine and Faith- Ran Gillilan, MD, facilitator of "Medical Science and Spiritual Healing" workshops: Community of Christ Evangelist

Nutrition: A Complementary Medicine- Jean Brookens, M.S , Registered Dietician

Self Care: Neglect at Your Own and Patients' Risk- Rich Kohlman, Community of Christ Staff Pastor

Spiritual Care of the Sick and Dying- Sieve Jeffers, director of The institute for Spirituality in Health

UP-COMING EVENTS

OPEN BOARD MEETING- April 27, 2003 9 AM @ Temple Seminar Rm, Indep, MO
CONGREGATIONAL NURSE GET-TOGETHER- May 31 2003 Temple Continents Rm 9AM
HEALTH MISSIONS- October 2003 Leader Ron Edwards :-
Dec. /Jan. 2004 El Refugio Orphanage Honduras
Leader- Bob Paschall Paschall@kids.wustl.edu
Jan: 2004 Leader- Shannon Hattey Shattey@aol.com
March 2004 Leader- Ron Edwards Redwards@aol.com

Health Ministries Association is trying to be visible at as many family camps and reunions as possible. We are happy to provide information to anyone willing to offer an HMA presentation at their reunion. HMA focus' on 4 main areas of ministry: 1) international missions, 2) congregational nursing, 3) chaplain ministries, and 4) local missions to the undeserved in our areas. If you are an HMA member, involved in any of these ministries, and are willing to share about the organization please contact Paula Rummel at HMA@CofChrist.org or 800.825.2806 ext 2262.