

A Litany of Praise and Thanksgiving for Health and Well-Being

This litany should be read by one or two leaders, and the underlined (or parenthesized) should be performed by all those gathered for worship.

Psalm 119:62 In the evening, I will rise to give thanks for your righteousness, O God.

Psalm 24:7 Lift up your heads, O you gates, that the God of Glory may come in.

Psalm 28:2 I lift up my hands toward your most holy sanctuary.

Psalm 24:27 Let us shout for joy, and be glad! (Say: Alleluia! Amen! Praise God!)

Psalm 18:29a With God's help, I can run through a troop. (run in place)

Psalm 18:33a God makes my feet like the feet of a deer. (keep running!)

Ruth 3:18 Sit still, my daughter, until you learn how the matter turns out.

Isaiah 40:12 Those who hope in the Lord will renew their strength, (take a deep breath)
they will rise up on wings like eagles.

Psalm 9:2 I will sing praise to your name, O Most High! (Sing, "God is So Good" or
another song of praise).

Psalm 139:1-2a O Lord, you have searched me and you know me. You know when I sit and
when I rise.

Psalm 139:8a If I go up to heaven, you are there (climbing)

Galatians 5:1 Stand fast, therefore, for God has set us free!

Psalm 47:1 O clap your hands, all ye people!

Zechariah 1:11 All the earth sits still and is at rest.

Liturgy: Rev. Deborah Patterson, Executive Director, Deaconess Parish Nurse Ministries, LLC
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Spiritual Assessment Tool*

This is a form to be used to quickly record what was identified in an interview or discussion with the resident. This is part of the permanent record which reflects a collection of data gathered by any staff member or volunteer. Place your initials beside the selected information you have obtained.

1. What gives your life meaning? ___ God; ___ My spouse/family; ___ I'm still alive; ___ God is still in charge; ___ Chance to get better; Chance to set myself right with: ___ God; ___ Family; ___ World; ___ We have good insurance; ___ Care is good here; ___ I find no meaning; ___ Can't answer that; ___ Other/Explain.
2. To Whom do you turn when you are most in need or most afraid? ___ God/Jesus/Allah; ___ My spouse/family; ___ My doctor; ___ My clergy person; ___ My church/parish/synagogue; ___ My prayer group/Bible study group; ___ I pray; ___ I de\\meditate; ___ I work harder; ___ I get hold of myself; ___ I lead a better life; ___ I practice stress management; ___ Other/Explain.
3. What bothers you most about your inability to take care of yourself? ___ Why me, I've lived a good decent life; ___ I'll probably die here; ___ Who will take care of me? I can't help myself; ___ Why is God punishing me? ___ I should have lived a better life; ___ I'm no good anymore to anyone; ___ Other/Explain.
4. What bothers you most about living here? ___ I'll probably die here; ___ Life is over for me; ___ Who will pay the bills?; ___ I could still manage but they put me here; ___ I'm not ready to die yet; ___ I'm a burden to everyone; ___ Other/Explain.
5. Is God important to you? If answer is No/Ask if God was ever important in life and when God was important. If answer is Yes/Ask the following:
6. How would you describe God? Or tell me about your moral/ethical life principle. ___ Good; ___ Loving; ___ Just; ___ A judge; ___ Remote and uninvolved; ___ Other/Explain.
7. What does God do for you? ___ He loves me; ___ He care for me; ___ Helps me keep on living; ___ Judges me for my sins; ___ Impersonal and distant; ___ Not much help; ___ Nothing; ___ Other/Explain
8. Have your understandings or feelings about God changed as a result of your present limitations? ___ Begin to question my faith; ___ God can't be loving and permit all this suffering; ___ Cant' concentrate on prayers; ___ To tired/weak to pray; ___ Clergy person didn't come when I called; ___ No value in praying; ___ Why am I being punished? ___ Made me closer to God; ___ More time to think about God; ___ Gives me more time to get straight with God; ___ Other/Explain.
9. Do these questions frighten you or make you nervous? ___ Yes; ___ Don't understand who\y you want to know these things; ___ Makes me think I'm going to die' ___ I don't like to think about these things; ___ It's none of your business; ___ No; ___ It's a good idea; ___ Makes me realize I've had a good life; ___ Helps me remember about God; ___ I'm gland your'e interested in these things about me; ___ Other/Explain.
10. What church/synagogue/place of worship would you call "home?" ___ Other/Explain.
11. What can we do here to make you feel "at home" spiritually?
12. What spiritual practices or rites are important to you? ___ Others to pray with me: ___ Once in a while; ___ every day; ___ every morning; ___ Every night; ___ Read the Bible: ___ Daily; ___ Once in a while; ___ On Sunday/Saturday; ___ Go to church/Mass; ___ Have a prayer group/ ___ Say the rosary; ___ Receive Communion; ___ Say my special prayers; ___ Read one of my books to me like I used to at home; ___ Hear a good talk once in a while; ___ Opportunity to give alms; ___ Meditate; ___ Environmental cues in room (holy pictures/symbols); ___ Nothing; ___ Other/Explain. How can we help you with these special practices?
13. What religious symbols are significant to you?
14. What books provide you with spiritual or moral strength?
15. Is religion helpful to you now? How is it not helpful now?
16. What do you think happens to us when we die? ___ It's the end; ___ there is another kind of life;) ___ I don't know; ___ Don't think about it; ___ I'll be with my spouse/family/friends; ___ I'll be with God; ___ First there is a time for punishment for sins/then heaven; ___ Heaven or hell; ___ I will come back

to earth in a different body; ___I will come back to earth in a different form; ___Nothing;
___Other/Explain

This tool was adapted from the writings of Ruth I. Stoll, "Guidelines for Spiritual Assessment," American Journal of Nursing, Sept. 1979, pp 1,574 –1,577, by Sr. Turh Kerrigan and Joan T. Harkulich, authors of the article, "A Spiritual Tool," Health Progress, May 1993, pp46.49.