

Wholeness and Well-Being (WRC 1305)

Whereas, since the earliest days of the Restoration movement the concept of wholeness of body, mind and spirit has been one of our major emphases; and

Whereas, The *Basic Beliefs* of the Church include a sacramental focus on laying on of hands for healing of the sick, and the Enduring Principles of the Church lift up Sacredness of Creation and our role as “stewards of care and hope for all creation”; the Worth of Persons declaring, “God wants all people to experience wholeness of body, mind, spirit and relationships”; and Responsible Choices, “called to make Responsible Choices within the circumstances of our lives”; and

Whereas, Good health and well-being often enhance the ability to make Responsible Choices and to be actively engaged as a good steward; and

Whereas, promotion of health-strengthening life habits, including diet, exercise, and spiritual disciplines, can encourage and enable good health and well-being, and

Whereas, Abundant evidence is accumulating around the globe about the inseparability of body, mind and spirit, and the things that do and do not contribute to good health and well-being; and

Whereas, Pursuing good health and well-being is essentially an individual journey that can be strengthened by the support and encouragement of a community; and

Whereas, the health-related associations of the church, have a long history of addressing the basic needs and wholeness of people; and

Whereas, The World Church website list of online ministry resources has more than 200 links but none directly referencing health, well-being, or wholeness; therefore, be it

Resolved, That the World Church lift up wholeness and well-being to our members and to the world at large with similar clarity and emphasis as is given to other key principles such as generosity, peace and justice, and community; and be it further

Resolved, That the World Church actively encourage members to engage this quest for well-being and wholeness of body, mind, and spirit, making responsible, healthy choices as their circumstances permit, with priority attention given to children and youth; and be it further

Resolved, That resources be developed with assistance from the Health Ministries Association, the World Church Temple Strategies Team, and others, for assisting members to have access to information encouraging health and wholeness, including links between the World Church and Health Ministries Association websites, as well as other websites.