



2022 SPRING NEWSLETTER

Health Ministries Association

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2022 ANNUAL MEMBERS MEETING

The HMA Board of Directors and Members met online April 23. Officers for 2022-2023 were elected; President: Kathryn Minton, Vice President: Paul Bennetts, Treasurer: Steve Newby, Secretary: Janice Bigham. An overview of this August's Health & Spirituality Workshop was given by committee chair Allison Norwood. The highlight of the meeting was a video from our Honduran Medical student, Andrea Solorzano, thanking HMA for the \$2000 scholarship that allowed her to continue her studies, despite hard times for her family. The final action of the meeting authorized April and May "where needed most" donations to be designated to the Healthcare Education Endowment and the Scholarship Fund.

Have you renewed your membership for 2022?

Not a member? Consider joining to support the work necessary to administer the programs of HMA. Choose your level :

Student	no cost
Regular	\$50
Retired	\$25
Sponsor	\$100
Patron	\$250 or more

HEALTH MINISTRIES is focused on EDUCATION this SPRING

This spring "Where Needed Most" donations will go to building the Scholarship Fund and completing the Joan Pratt Healthcare Education Endowment so it's earned interest can increase the Scholarship Fund. In perpetuity. Thanks to a bequest from the Cheryl Stover Estate, all donations to the Education Endowment will be matched. Donations received above \$7,500 will go to the scholarship fund



So far this year two \$2000 scholarships were awarded to medical students in Honduras. In addition four scholarships of \$500 each will be awarded to four Graceland Nursing students later this year.

Health & Spirituality Workshop

Save the Date: August 20, 2022
"FINDING LIFE BALANCE"

How do we achieve the healthy life balance, the "wholeness", that God desires for us?? Finding balance is a common goal people strive for in the 21st century, especially for those who are caregivers or healthcare professionals. This year's workshop focuses on achieving balance between our physical health, our mental health, our spiritual lives, and our relationships.

We are pleased to have Dr. Joy Weydert as our keynote speaker.

Breakout sessions for this workshop include:

- Caring for Caregivers
- Positive Thinking
- Self-Care
- Striving and Thriving with Illness

The workshop will be online. Plan to join us Saturday, August 20 to explore "Finding Life Balance!!"

2022 SCHOLARSHIPS AWARDED

We are pleased to announce the award of two scholarships to medical students in Honduras: Alma Mejia and Andrea Solorzano.



Our newest scholarship recipient, medical student Andrea, sent us this photo in expressing her gratitude. From her eyes, you can guess the size of her smile, despite the mask. She also sent a video personally thanking you, our supporters, for making it possible for her to continue her studies, despite hardships. We showed her video at the Annual Members meeting April 23. Medical student Alma Mejia, who has received her sixth award, continues to excel in her studies and also sent a video with her thanks.

THANK YOU TO ALL OUR MEMBERS AND DONORS WHO MAKE THIS WORK POSSIBLE!

Health & Spirituality Workshop

“Finding Life Balance ”

Saturday, August 20th

9am to 3:30pm CDT

Online via Zoom

SAVE THE DATES



SPRING IS FOR EDUCATION AT HMA

“Where needed most” donations this spring will go to the Scholarship Fund and to the Joan Pratt Healthcare Education Endowment. Interest earned from the Endowment will provide future scholarship awards.

Coming September 2022



GRACELAND NURSING SCHOLARSHIPS

Offered for the first time last year, HMA will again this year award four \$500 scholarships to Graceland University School of Nursing students.

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Membership Student - \$0 Regular - \$50 Retired - \$25
 Categories Sponsor - \$100 Patron- \$250+
 _____ Join or renew (choose your category above)
 _____ Honduras Rural Healthcare Program
 _____ **Healthcare Education Scholarships**
 _____ **Joan Pratt Healthcare Education Fund**
 _____ Where needed most
 _____ Total:

Name: _____
 Email: _____
 Occupation or School: _____
 Address: _____
 City, State, Zip: _____
 Phone: _____

You can donate online at:

hmacofchrist.org/donation

You can mail a check payable to HMA

Or use your credit card:

_____ - _____ - _____
 Exp. Date __/__/__ Code ____

I'd like to make a monthly donation
 Charge this card \$_____ each month.

_____ signature

Mail this form and payment to:

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