



2021 SPRING NEWSLETTER

Health Ministries Association
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ANNUAL MEMBERS MEETING

You are invited to attend the April HMA Board of Directors and Members meeting to be held online April 24 at 10am. An overview of 2020 activity, upcoming events, and election of 2021-2022 officers and board members take place at this meeting. We look forward to seeing you.

To attend, please email health@hmacofchrist.org providing the email address where you would like your Zoom invitation to be sent.

TIME TO RENEW OR JOIN

HEALTH MINISTRIES ASSOCIATION

It's time to renew your membership for 2021. The Board added a new category of membership for retired Healthcare Professionals. Also, the HMA membership for students in the Healthcare professions is now free.

Not a member? Consider joining to support the work necessary to administer the programs of HMA. Choose your level :

Student no cost

Health & Spirituality Workshop

Save the Date: August 21, 2021

"Mental Health:

Moving Towards Well-being."

Mental health issues are a growing concern world-wide. Even before the addition of the fears and isolation brought on by COVID-19, anxiety, depression, suicide, trauma, and loneliness were on the increase. Our 2021 Health & Spirituality Workshop will focus on these important topics.

Plan to join us for this online workshop and learn more from experts in the field about the four most prevalent mental health issues, their symptoms, treatments, and resources.

Stress/anxiety Depression

Trauma/PTSD Loneliness

We are pleased to be able to offer this workshop

2021 SCHOLARSHIPS AWARDED

We are pleased to announce the award of three scholarships to medical students in Honduras: Alma Mejia, Jennifer Noriega, and Victoria Martinez. As a fifth year medical student, Alma is directly involved in patient care. She is shown here giving an injection.



Victoria and Jennifer received scholarship assistance after back-to-back hurricanes destroyed their homes. HMA in conjunction with the Latin America Friends Foundation were able to provide scholarships sufficient for them to continue their studies in the midst of tragedy.



Jennifer Noriega

Congratulations to Karen Tinoco,



Victoria Martinez#

Thank you to all our members and donors who make this work possible!

IN-PERSON CLINICS STILL ON HOLD IN HONDURAS

Travel restrictions continue in Honduras. Professional Nurse Saira Giron, who runs the clinics for HMA's Honduras Rural Healthcare program, is still unable to go into the rural villages we serve. She continues to drive to each village's roadblock to meet with a member of their health committee, deliver medications and answer questions. Her home clinic in La Boquita remains open with strict virus protocols for masks and social distancing.

There is no indication when access to the villages will be allowed, as vaccines only arrived in-country in mid-March.



GRACELAND NURSING SCHOLARSHIP EXPLORATION

HMA and Graceland University School of Nursing are in discussions about providing up to four \$500 scholarships each year. This expansion of our scholarship program will be voted on at the upcoming Annual Members meeting. All members

From HMA's President, Kathryn Minton, DDS

Dear Friends and Supporters:

We are so grateful for your dedication and generous support of the work of Health Ministries Association this past year. With your help we contracted our nurse Saira Giron, for another year of running our Honduras Rural Healthcare Program. We assisted with emergency repairs to Saira's home and the attached HMA clinic prior to the flooding and mudslides, thus preserving the HMA presence in Honduras.

Our Scholarship Program is also expanding. Over the years we have awarded scholarships to medical and nursing students in Honduras and Guatemala. We are currently discussing a scholarship program to include Graceland University nursing students.

Our Members, Supporters, and the Board of Directors continue to advance the work of HMA, and with your financial help, we can expand our goal of helping others. On behalf of the Board of Directors, thank you for your continued commitment to HMA.

Blessings,
Dr. Kathryn Minton

