

La Boquita Clinic Expansion Already Completed

Quick responses and generous donors have made the clinic at La Boquita Honduras better able to care for the villagers that HMA member Saira Giron serves. Funds began coming into the HMA office in November. HMA members Leonard and Lottie Brown, who reside part-year at La Buena Fe, fronted the money for the materials until they returned to the US and were reimbursed from the donations collected.



Saira moved her desk and medicines to the new room along with the examination table. Patient privacy and comfort have been enhanced.



Waiting patients are now able to sit inside until they can be seen at the clinic. Numerous educational posters hang on the walls to encourage healthy behaviors and understanding of medical issues.

A Special "Thank you" goes out to donors: Kent Bennetts in memory of his wife Mary Bennetts, Paul and Nadine Bennetts, Jay and Cherry Newcom, Wendall and Lona Brown, Nancy Mitchell Searcy, and seven other individuals who made this project happen!!

SAVE the DATE

"Hoedown" Dinner and Silent Auction

Make plans to attend the annual fundraising dinner, entertainment, and silent auction **Saturday June 2, 2012 6 pm at Community of Christ South Crysler church** in Independence, MO. If you have items to donate, please contact the HMA office at 816-833-1000 ext 1262. Come casual for the Western Theme.



Guatemala Health Program Update and Proposals

Prior to HMA nurse, Ruth Humbert, returning to the USA, a Guatemala non-governmental organization (NGO) called Asociacion de Hombres y Mujeres en Accion (AHMA) was formed. The nurses' work is now recognized by the Guatemalan government and HMA's work continues with a Guatemalan board of directors.

During the transition HMA continued to fund salaries and the program at large. This year AHMA submitted proposals for specific projects and programs for funding. These five proposals have been approved by the HMA Board pending receipt of sufficient donations.

HMA and Outreach International

Health Ministries Association (HMA) continues to support village health clinics, health education and training for the nurses, and further formal education. Outreach International (OI) continues with community development training and mentoring by Drs. Dennis and Lorna Layaben. Both HMA and OI are partners with AHMA working to address better health and empowerment of Guatemalan villagers.

- **Medicines for Health Clinics**- Purchase medications locally with Spanish labels and in the basic formulary for nurses to dispense to 2400 patients at 60 medical clinics in 2012.
\$2000- Donations/Pledges Needed in 2012



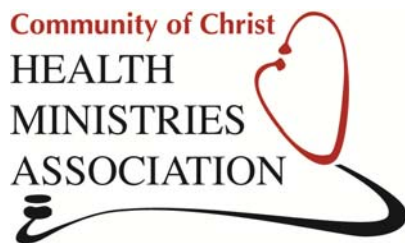
- **Diabetic Education Club**- Villagers identified with diabetes at monthly medical clinics, gather for education and promoting healthy lifestyle choices at classes taught by nurses.
\$1290- \$700 Donations/Pledges still Needed
- **Opportunity for Better Sight**- Purchase of 150 adult reading glasses; assist families with transportation, eye exam, and prescription glasses for school children.
\$925 – Pledges received to meet request



- **Critical Care Support**- Support of patients requiring additional medications, testing, transportation, and follow-up care. Two children from the nurses' villages are receiving free cancer treatments in Guatemala City.
\$1100 - Donations received to meet request.



- **Complete High School Education**- Final year of formal education fees, transportation, books, and supplies for Maria Lares, pictured at left, to prepare her to attend a university nursing program.
\$1170- Donations received to meet request.



Community of Christ
HEALTH
MINISTRIES
ASSOCIATION

*"Promoting Health
with a Heart"*

MEMBER MEMOS



Be a member of HMA. Promote Health with a Heart!

Each year you have a choice to be part of an association that helps educate and lift up the importance of health and wholeness of body, mind, and spirit. Along with your commitment are 200 more passionate members who make the choice to get involved in their congregation, their community, and their world through the programs of Health Ministries Association. Together we make a real difference!

It is a special group of people who see the human need all around them and choose to respond in ways that preserve dignity, empower self-directed care, and address the many elements of personhood. As a group, we choose to serve a world in need.

Your dues contribution assists ministries of health, spirituality, education, and networking with students, professionals, and other like-minded organizations. The 2012 dues cycle begins April 1 and extends through March 31, 2013. *We invite you to join HMA this year or to renew your membership!*

MEMBERS VOTE ON BOARD of DIRECTORS and OFFICERS

Saturday April 21, 2012 at the Annual Membership meeting at 9 am Board of Directors and Officers will be elected to serve the association. All current dues payers may vote in person or by email. The following names have been submitted:

President	Chris Stone, MD
Treasurer	Paul Bennetts, CRNA
Secretary	Don Potts, MD
Past President	Kathy Robinson, RN

Three year term: Gene Groner, MA Counseling Psychology
Fred Hahn, MD
Thelma Sword, RN
Catherine Madden Zahniser, MD

Filling a vacant 2 year term: Howard Braby, MD
Filling vacant 1 year terms: Jean Brookens, RD
Ron Edwards, MD

HELP A STUDENT JOIN HMA

This year consider paying for a Graceland University or other university student's HMA dues. There may be a child, niece, nephew, grandchild, or friend who would like to be involved in this association. We are also able match you with a student you could mentor and correspond with encouraging them in a health field of study. Help HMA bridge to the next generation of professionals!

Web: www.hmacofchrist.org
Mail: 1001 West Walnut
Independence, MO 64050
Email: hma@cofchrist.org
Phone: (816) 833-1000 X1262
Fax: (816) 521-3084

Board of Directors

Tom Bennett, JD
Com. of Christ Legal Counsel, Retired

Paul Bennetts, CRNA
*Clinical Assistant Professor
University of Kansas Medical Center*

Howard Braby, MD
OB-Gyn Practitioner, Retired

Jean Brookens, MS
Registered Dietitian, Retired

Jeanne Earnest, MS
Psychologist, private practice

Ron Edwards, MD
*Family Practitioner
Family Health Topeka*

Sandy Isham, RN, BSN
Clinical Research Consultant

Catherine Madden Zahniser, MD
Psychiatrist, Children's Mercy Hospital

Don Potts, MD
Family Practitioner, Retired

Max Ridings, PT
*Owner/Director
OrthoSport Rehabilitation, Inc.*

Kathy Robinson, RN, MSN
*Asst. Director of Nursing
University of Kansas Hospital*

Gary Rummel, RDMS, RVT
*Sonographer
University of Kansas Hospital*

John Smith, DDS
Independence Dental Excellence

Chris Stone, MD
Pediatrician, Children's Mercy Hospital

Staff

Paula Rummel, RN, B.A.
Executive Director

Diane Rogers, B.A.
Executive Assistant

HMA Annual Financial Report

2011 Budget \$87,630

Total Cash Income \$92,173

Domestic Programs

\$47,138 Cash was expended for Domestic Programs, Fundraising and Administrative Expenses

The domestic programs of HMA focus on the Annual Health & Spirituality Workshop, Congregational Health Ministry program, health education and promotion in the community, connecting members and connecting with Graceland University students.

The 9th Annual Health & Spirituality Workshop had the largest attendance to date. With Gene Groner's leadership, congregational representatives have been identified in approximately 60 congregations in the USA and Canada. Monthly health briefs and health promotional materials are distributed for congregational use.

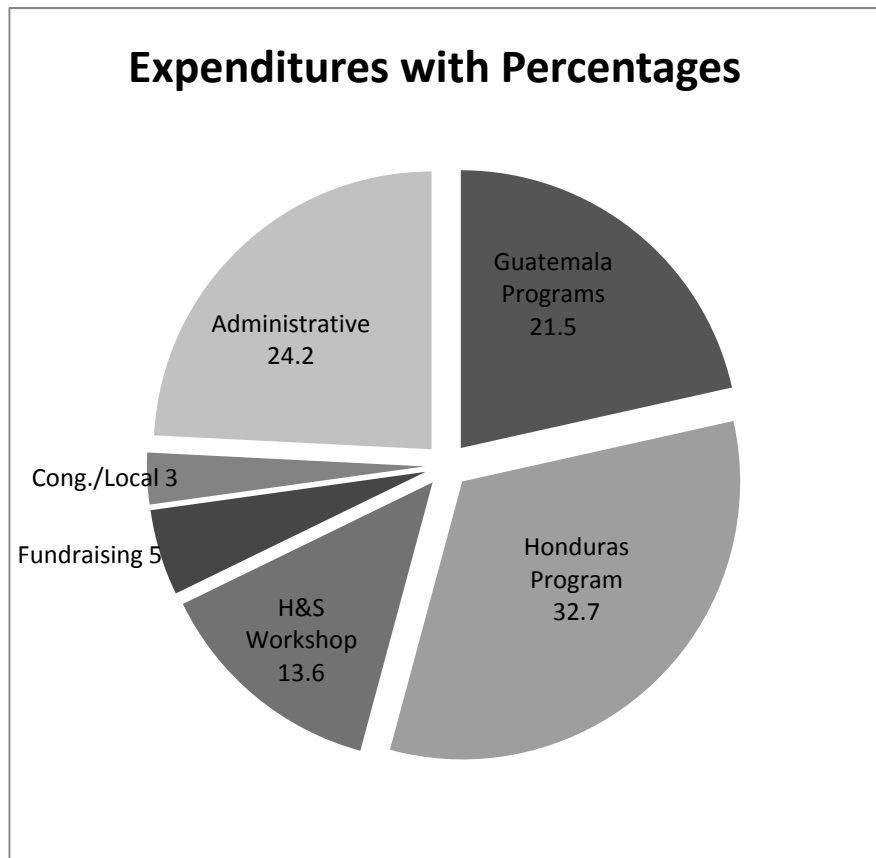
The Polynesian Feast drew a large crowd for the Fundraising Dinner and Silent Auction. The travel to Spain by HMA members and family were able to provide a donation to HMA also.

Bookkeeping, mailings, website updates, communications and other Administrative tasks for two part-time staff complete the domestic expenses.

International Programs

\$55,999 Cash and Non-cash were expended for International Programs in Central America.

HMA's international programs include health and education services in Guatemala and Honduras.



Medical Clinics and community development are part of the village health program with 5 Guatemalan nurses and two development staff.

HMA supports La Buena Fe clinic with two visiting health teams each year. Nurse Saira Giron and the small village clinic conducted in her home also received

medications, supplies, and was enlarged in 2011 from donations through HMA.

Partner programs of Futures and Biblioteca Leonardo educated 122 young girls and women. The library program served approx. 100 rural schools with boxes of Spanish books.

El Refugio Children's Home in Honduras receives donations of funds from congregations and medical services from health teams.

Community of Christ
**HEALTH
 MINISTRIES
 ASSOCIATION**



**Membership Application
 & Renewal Form**

Membership is open to health care practitioners and others passionate about promoting health through ministry to body, mind, and spirit.

Name:

Address:

City St. Zip:

Phone: **Cell Phone:**

E-Mail:

Occupation/Job Title:

Credentials/Skills:

Congregation/Affiliation

NOTE: If you are a member renewing your membership, please complete this form to verify the information. As a new member you may be contacted for additional information.

Dues Categories:	Student Member	\$ 10.00
	Basic Member	\$ 50.00
	Sponsor Member	\$ 100.00
	Patron Member	\$ 250.00 or more

Participation: I am interested in supporting financially and/or serving as a volunteer in these areas of ministry: **(Circle one or more)**

- | | |
|--|---|
| A. Assist with workshops | G. Admin. Assist in HMA office |
| B. Teaching health classes at camps/reunions | H. Website and social media communication |
| C. Camp Nursing | I. Health Teams |
| D. Congregational Representative | Train nurses/Treat patients |
| E. Writing articles / health briefs | Observe & assist |
| F. Mentoring students | J. Scholarships in Central Am. |

Signature: **Date:**

Check Amt: \$ OR Credit Card # / / / Exp. /

Mail to Health Ministries Association, 1001 W. Walnut, Independence, MO 64050

Dues and gifts are tax-deductible as prescribed by the rules of the IRS under Section 501c3.

MEMBERS WHO CURRENTLY SUPPORT HEALTH MINISTRIES ASSOCIATION WITH DUES

Thank you so much to these members who help maintain the organization with their annual dues.

Make sure your name appears as a member in 2012 and invite a friend to join this worthwhile organization.

Contact HMA at 816-833-1000 ext. 1418 or HMA@CofChrist.org

Adams, Virginia	Easter, Mark	Lopez, Jose	Sartwell, Karin
Aguilar, Carlos	Edwards, Ron	Loy, Cathy	Saur, John
Allen , Jill Hatfield	Edwards, Sue	Magle Jones, Pat	Savage, Becky
Andrews, Fay	Elliott, Glen	Marlowe, Shirley	Schaefer, Marilyn
Atkins, David	Elliott, Jan	Marshall, Jan	Selsor, Alicia
Atkins, Fran	Fagg, Eleanor	Martin, Dan	Shalley, Jack
Austin, Brinks	Fenn, Carl	Martin, Kitty	Short, Dorothy
Baertl, Meg	Field, Lynn	McCoun Hatfield, Dawn	Sims, Alice
Baker, Nancy A.	Field, Shauna	McCurdy, Penny	Siy, Linda
Ballantyne, Patricia	Foster, D. Royce	McGraw, Bob and Cicely	Smith, Anita Sword
Baller, J. Tim	Gates, Patricia	Mehlisch, David	Smith, John
Baltz, Carol	Gernaat, Sharon	Mehlisch, Kay	Smith, Wallace B.
Baptist, Jeremy E.	Gilbert, Barbara	Michalek, Mary	Smith-Campbell, Betty
Barnes, Christy	Gillilan, Carol	Miner, Kenneth	Stark, Rosemary
Bennett, Kathy	Gillilan, Ron	Minton, Betty	Stephens, Winafred
Bennett, Tom	Giron, Saira	Minton, Kathryn	Stewart, Pamela
Bennetts, Paul	Gomez, Norma Jean	Mogg, Jerry	Stone, Chris
Bentley, Douglas	Goodyear-Bruch, Caryl	Mogg, Sandra	Stone, Nancy
Bentley, Renee	Gose, Barbara	Montgomery, Doris	Stover, Cheryl
Booth, Kerri	Gould, Doris	Morgan, Mary	Sword, Thelma
Braby, Howard	Green, Shirley J.	Mullins, Susan	Taylor, Marsha
Britton-Mehlisch, Michelle	Grice, Margaret	Musgrove, Jaime	Tengan, Michelle
Brookens, Jean	Griffin, E.Wilson (Bill)	Nagel, Marcia	Thoman, Mark
Brown, Beth	Groner, Gene	Netter, Doreen	Toth, Donni
Bruch, Bob	Guthrie, Diana	Nissen, Kathy	Towster, Lois
Brunner, Ila June	Guthrie, Richard	Northey, Audrey	Trewhitt, Jan
Butler, Tara	Guthrie, Shauna	Norwood, Allison	Trinis, Jose
Cadman, Kathleen	Hagerty, Mary	Ourth, Karen	Tucker, Thomas
Calder, Rose	Hahn, Fred	Parkes, Brenda	Turner, Marilyn
Caldwell, Rick	Hausheer, Angie	Parrish, Janet	Valley, Martin
Carter, Ron	Hausheer, M. Rene	Paschall, Bob	VanRietten, Joe
Carver, Terry	Hausheer, Peggy	Patterson, Ralph	Waite, Dan
Chamberlain, Amy	Hawkins, Mike	Pineda, Pedro	Wallace, Robert L.
Clapper, Karen	Hawkins, Patsy	Pomeroy, Norma	Weddle, Joyce
Clarke, Beth	Henderson, LaDona	Potts, Donald	Weller, Brenda
Clothier, Louita	Horne, Susan	Pratt, Joan	Werth, Jaime
Coltharp, Linda	Hotalling, Shelly	Rastle, Thomas	Weydert, Joy
Conway, K. Kyle	Hunt, Sandra	Ridings, Max	Wheeler, Dan
Coppock, Jennifer	Isham, Sandy	Robinson, Kathy	White, Jason T.
Costello, Fred	Jackel, Doris	Rogers, Diane L	Wiley, Matt
Cracraft, Janice	Johnson, June	Rogers, Leslie	Wilkinson, Dorcas
Craig, Tamara Guthrie	Johnson, Shirley	Ross, Lisa	Williams, Kathryn
Crockett, Gloria	Kaleikau, Henrietta	Ruckman, Ralph	Wisner, Peg
Curtis, Barbara Thoman	Keenan, Michael	Rummel, Gary	Witte, Lynn
Dennis, Katie	King, Dean	Rummel, Paula C	Yoc, Alma
DeTray, Kay	Kirkpatrick, Shyree	Ruoff, Brent	Young, Ronald
Dubose, Roberta	Krahl, Nancy	Russell, Marjorie	Zahniser, Catherine Madden
Dudley, Nathan	Lares, Maria	Rylander, Faye	
Duncan, Katherine	Latham, Peter	Sacry, Dennis	
Earnest, Jeanne	Leibold, Julie	Sacry, Roger	
Easter, Benna	Leichter, Denise	Sage, Joe	
Easter, Cynthia	Liston, Betty	Sartwell, Dennis	



Great Time Traveling Together

The HMA group trip to Spain was exciting-exciting to travel with great people we know who appreciate similar things, learning about another culture and about the treasures from this wonderful part of the world!

Vallee, the guide for the entire trip, had new discoveries for the group because she took the time to ask about personal interests. The group also had the privilege of visiting with a local family and enjoying a home-hosted Spanish meal.

Grand Circle Travel creates a more personalized way to see the spots we've always "dreamed about". *Travel with HMA and check off sites on your "bucket list". It is a wonderful way to travel with friends AND raise money for the programs and projects of HMA.*

Save The Date

10th Annual

Health & Spirituality Workshop

Theme- *"Restoring Health, Hope, and Joy"*

August 24-25, 2012

The Temple, Independence, MO

Member Access to Health Resources for Congregations

An information packet is available for nurses and health ministers who choose to create a health ministry program in their congregation. The packet includes: job descriptions, organizational models, HMA and on-line resources, ministry helps, ideas for community ministries, and ways to collaborate with Aaronic and Melchizedek ministries. Because these ministries may fall under the world church umbrella of liability, HMA membership and simple reporting are required. Please contact the HMA office for further information 816-833-1000 x1262.

HEALTH MINISTRY WHOLENESS CLASS: AN EXPERIENCE OF BLESSING

Forming a team of "care groups" is how some congregations organize their health ministry, especially when health professionals are not available to lead. **One congregation has a "wholeness group" that plans classes and worship services to offer health education and ministry.** This group created a class called "End of Life Issues" because many in the congregation were dealing with serious health issues. They invited presenters for topics about advance directives, long term care, hospice, Medicare, funeral planning, feelings and beliefs about death, grief, and family issues. "Though it is hard to talk about such things, it is important and necessary", states the program coordinator. "When families have decided these matters in advance, the end of life is less stressful".

One couple who attended the class was dealing with the husband's terminal cancer. They knew they needed to make preparations for the time when he would pass away. Attending the class each week, they learned how to talk about these things with each other and with their adult children. They made legal, practical and emotional preparations, including plans for a memorial service.

Just a week after the class ended, the husband had to make an emergency trip to the hospital. As his condition worsened, the wife was asked the hard questions about what kind of care he was to receive. She knew exactly how to respond because they had talked about these matters and their children did not question her decision. When he passed away, she knew what he wanted for his body and for a memorial to celebrate his life and their life together. The entire experience, though unexpectedly sudden and sad, turned out to be a peaceful passing. The congregation was better able to respond to this family's needs before, during and after this life transition.

This is an example of health ministry in action, recognizing the interrelatedness of physical, emotional and spiritual matters. If you would like to know more about organizing a health ministry or how to offer this type of class in your congregation, contact HMA. We will be happy to connect you with others who can share their knowledge and experience.

NEW HEALTH BRIEFS AVAILABLE

More than 60 health briefs are available on-line for anyone to download, print, and use in their congregation in bulletins, newsletters, and bulletin boards or for class discussion topics.