

## HEALING HEARTS HERALD

**WINTER 2010** 

## 2010 World Conference HMA Activities

Health Ministries Association Open
Membership meeting will be held April 10,
2010 for election of 2010-2013 Officers and
business meeting. The meeting will be held at
Graceland University in Room #219 1401 W.
Truman Rd Independence, MO. Members who
are current on dues are eligible to vote.

## **Open Membership Meeting**

### **Nominations include:**

President- still accepting nominations President Elect- Kathy Robinson, RN Treasurer- John Smith, DDS Secretary- Don Potts, MD

### 3 year term expiring 2013:

Stacy Davis, M.A., Dir. of Mental Health Promotion

Sharon Gernaat, M.A., Devel. Psychology Sandy Isham, RN

Bob Paschall, MD

Tom Bennett, Attorney- Alternate

### Filling vacant 1 year term:

Mike Hawkins, DDS

Other business includes: update on Guatemala program, update on La Buena Fe clinic support, community education opportunities, and 2010 Health & Spirituality workshops in Baltimore and Independence.

## **World Village Booth**

### **Celebration Luncheon**

Celebration Luncheon at the Truman Memorial Building 416 W. Maple in Independence, MO will follow the Open Membership meeting. Cost is \$25 per person. There is a \$5 discount if membership dues are paid at same time as reservation. Call HMA office 816-833-1000 ext 1262 for reservations.

The Celebration will include:

- Ruth Humbert, RN will be honored for her work in Guatemala
- Silent auction items will be available for bids
- Recent accomplishments of HMA
- Introduction of new HMA officers and Board of Directors
- Fellowship
- Health & Spirituality Workshops

Silent auction items are listed on page 2. Additional items are needed and donations are welcome.

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Come by the HMA booth in the World Village to learn more about HMA programs, meet staff and Board Members, join or renew membership dues, purchase logo clothing, or to buy Guatemala key chain charms.

The World Village will be open Saturday evening 8-10 pm. Check conference schedule for daily times of operation. The HMA office on 5<sup>th</sup> floor NW corner will be open for visitors in the weekday mornings.

# 2010 Health & Spirituality Workshop Theme: "Navigating Life's Transitions"

The 9<sup>th</sup> Annual Health & Spirituality Workshop will be held Sept. 24-25, 2010n at the Temple in Independence, MO. **President David Schaal** will give the Friday evening keynote address "When the Real World Comes to Church".

Eight sessions discussing different transitions in life will be offered on Saturday. These will include:

- A Place for Mom
- I Wish Someone Had Told Me
- Mentally Healthy Adults
- Complimentary Medicine/ Pathways of Healing
- Spiritual Disciplines to Help Navigate Through Life's Changes
- Ministry on the Edge
- eSpirituality
- Negotiating Healthy Relationships

Sessions descriptions and presenters will be in next newsletter and on <a href="https://www.HMACofChrist.org">www.HMACofChrist.org</a> website when finalized.

## Congregational Health Ministry Bulletin Inserts

HMA is featuring Congregational Health Ministry in the bulletin inserts this year. Each month the insert will focus on a different aspect of this unique ministry.

February 's insert looked at the history of this new ministry and how it can benefit a congregation. March's insert focuses on wholeness of body, mind, and spirit and how wholeness is a process not a destination. Suggestions are included on how to develop and implement a congregational health ministry program.

Upcoming inserts will focus on:

- H Healing
- E Educators of wholistic health
- A Advocacy and community resources
- L Liaisons to community services
- T Teachers of volunteers, groups
- H Health Counselors

For all available inserts go to www.CHM.HMACofChrist.org.

## Silent Auction Items Available

- Dillon, Colorado 3 BR, 2 bath condo for week of August 15-22, 2010 contact Howard Braby 816-833-1832. Overlooks lake and mountains.
- Guatemala hand embroidered tote bags
- KC Chiefs etched pitcher and 4 glasses in a gift basket
- Hand-painted Guatemala Nativity set
- Dillon, Colorado 3 BR, 2 bath condo for week of August 29-Sept. 5 contact John Smith 816-228-9585.
   Overlooks lake and mountains.
- Hand woven scarves with home grown dyes made in Guatemala
- Gucci-like purse
- Nautilus necklace, earring set
- Guatemala woven cloths
- Quiet activity sets for children
- Hand-carved photo frame
- Manicure set
- Collectible Bear
- Leather/ fabric Guatemalan purse
- Guatemalan table runners

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# We need more items!!! Please consider donating an item to HMA for the auction!!

Watch website for an updated listing of auction items. <a href="https://www.HMACofChrist.org">www.HMACofChrist.org</a>

### **HMA Guatemala Attains Legal Status**

Official paperwork has been completed making the Guatemala program a recognized legal entity with the name Hombres y Mujeres en Accion (HMA) for Health and Development in Guatemala.

Four Guatemalan nurses continue to develop medical skills, hold village clinics and empower their village with participatory human development. Ruth Humbert ,RN, after six years of service in Guatemala, has chosen to return to the U.S. at this time. Ruth will be honored at the Celebration Luncheon April 10, 2010 at the Truman Memorial Building for her accomplishments and successes in beginning the Guatemala program.

The nurses after a year of walking their village, talking with neighbors, identifying problems, an interested group making a list and prioritizing that list, they are now looking at solutions. Many of the villages have listed clean drinking water, stoves with chimneys, more classrooms for children to attend school, roofs that do not leak, and proper latrines. The nurses will continue to work with Amilcar Vielman, Country Coordinator and Outreach

International to address these problems. A complete report will be given at the Open Membership meeting April 10 at 9 am at Graceland University Room #219.

### **HMA TRAVEL OPPORTUNITY**

#### "IRELAND in DEPTH"

**Date:** October 20-Nov. 1, 2010 (13 days) **Cost:** \$2195 plus airfare to Chicago, Boston, or NYC (JFK)

Opt. 6 day pre-trip to Northern Ireland \$895 Optional 4 day post-trip to Dublin \$496 Deposit of \$350 required by July 2010

Details of Trip: www.GCT.com

Where to Travel? Europe Country? Ireland

Type of travel? Escorted Trips
Departure Date? October 2010
Search Ireland in Depth

**For more info**: Ken or Jean Brookens 816.350.3386 or 816.686.8222

A group of 15 creates a donation for HMA.

### **Health Ministries Association MISSION**

**Wholeness**- To be an organization that builds on our faith heritage, staying in the forefront in promoting wholeness of body, mind, and spirit.

**Health**- To provide health and wellness for the underserved and those in need, both domestically and internationally, through partnering to identify health needs and to empower self-directed care.

**Education**- To provide education and services with individuals, families, congregations, and communities which encourage the stewardship of healthy living.

**Networking-** To develop a network of health care practitioners and health promoters, working together and with other service organizations, in the advancement of health education, and wholeness.

### CONTRIBUTION AND/ OR MEMBERSHIP FORM

Information may be taken over the phone by calling 1.816.833.1000 ext 1262 Mon., Thurs., or Friday

Name	Pnone	Occupation
		•
Address		
E-Mail	Signature	
Level of Membership: \$ Me	ember (\$25-\$99) \$ Sponsor (\$	100-\$249) \$ Patron (\$250 & up)
	Where most needed \$	Guatemala Village Health Program ealth Programs
		1001 W. Walnut Independence, Mo 64050 Exp. Date Amt
		eck Make by credit card

## **NO APRIL FOOL'S JOKE!!**

To simplify the dues payment process for everyone, HMA Board of Directors has voted to make all dues renewable on April 1 annually. **NOW** is a great time to join HMA or renew your membership and show your support for promoting wholeness of body, mind, and spirit. Any dues paid since December 1, 2009 will be current until March 31, 2011. Remember, all members attending the Open Membership meeting must be current on dues to vote. See you there!!

## **Upcoming Events**

**HMA Open Membership Meeting-** April 10, 2010 **9 AM** Graceland University Independence, MO **HMA Conference Celebration-** April 10, 2010 **12 Noon** Truman Memorial Bldg Indep., MO (includes luncheon, keynote speaker, silent auction, and door prizes)

HMA World Conference Booth- April 10-17, 2010 Lower Assembly Room – Auditorium
 HMA Office- Open 9-12 AM during World Conference 5<sup>th</sup> floor NW corner of Auditorium
 HMA Board of Director's Meeting- July 17, 2010 2 PM at Auditorium Indep., MO
 Health Team to Honduras- July 30-August 8, 2010 led by Pamela Stewart,
 Stewart@HMACofChrist.org

9<sup>th</sup> Annual Health & Spirituality Workshop- Sept. 24-25, 2010 at Temple Health Team to Honduras – October 2010 led by Ron Edwards,

RonEdwards@hmaCofChrist.org

HMA Board of Director's Meeting- October 16, 2010 2 PM Auditorium Independence, MO

#### **Health Ministries Association VISION**

We provide servant ministry with others through programs which are inspired by Christ's Love and way of life, in order to promote peaceful living and sustainable health and wellness for all individuals, families, and communities.