



HMA Board Members Stacy Davis and Kathy Robinson share a moment with Greg Mortenson

## HMA Co-Host Peace Colloquy Dinner for Greg Mortenson, RN

HMA and Greg Mortenson, RN have both responded to the health and education needs of children and families in forgotten parts of the world. Mortenson co-founded the Central Asia Institute (CAI) to promote and support community-based education, especially for girls, in remote regions of Pakistan and Afghanistan. HMA partners with programs in Guatemala and Honduras providing health clinics and secondary education for young girls.

Mortenson received the Community of Christ International Peace Award October 29<sup>th</sup> at the 2010 Peace Colloquy at the Temple. CAI has established more than 165 schools and provided education for 68,000 students- including 50,000 girls. He coauthored bestselling books: *Three Cups of Tea* and *Stones into Schools*.

## President David Schaal Gives Dynamic Message at Health & Spirituality Workshop

This year's keynote address by President David Schaal asked if our church environment was safe and supportive. "Are our churches sanctuaries where people can be themselves or theaters of masked individuals playing a role as people move

through their transitions of life?" Schaal asked. Skill building sessions explored spiritual disciplines, internet websites, methods of being supportive, and

examples of individuals making positive transitions and ministering to others when we move outside our comfort zone.

**August 19-20, 2011** is the date set for next year's Health and Spirituality Workshop at the Temple.



### MEMBERSHIP IN HEALTH MINISTRIES MAKES A DIFFERENCE

- HMA members believe in promoting wholeness of body, mind and spirit valuing all people
- HMA members believe in supporting and encouraging one another in efforts to offer health education and ministry.
- HMA members believe in providing health and wellness support and encouraging self-directed care domestically and internationally.
- HMA members believe in networking to increase our impact to a hurting world.

This newsletter is sent to many people. Please consider active participation as a member. If this organization provides a ministry or supports the ministry you offer- Join HMA as a member and support with a dues donation putting you in association with people also wanting to make a difference.

# Domestic Ministries Touch Individuals, Families, Communities

Health Ministries Assoc. supports congregations and mission centers promoting wholistic health. HMA offers resources and helps support innovative ministries like the following.

## **Shamrock Ministries**

April 2010 Southern California Mission Center funded a new ministry for seniors by a grant from the former El Segundo Congregation. This ministry, under the leadership of Denise Leichter, RN supports each element of the HMA Mission.

The logo symbolizes a body, mind and spirit ministry. Events to promote health, education and networking are scheduled regularly at the congregation or mission center. Regular postcards and phone calls along with a Shamrock



Newsletter and ([www.Seniors.CofChristLA.org](http://www.Seniors.CofChristLA.org)), a Senior Ministry link on our mission center website, has connected us with many members and friends that are not able to attend church anymore.

The first seminar was on Senior Housing...staying at home, hiring care givers, how to find Senior Apartments, how and when to select an Assisted or Specialized need facility, and when Hospice might be needed. The second seminar was on Senior Safety-Recognizing and Reporting Abuse, Fiduciary Risks, Internet Safety, Fraud and Scams targeted toward seniors.

Home visits are a wonderful way to honor a senior's faith heritage in listening to incredible stories, reconciling and restoring relationships with their church. Following a recent visit Nola said, "I thought I had taken care of so many things relating to now being a widow. The information the Senior Ministry is making us aware of provides peace of mind. Through the past year I have had a lot of changes in my life and this ministry is really important to me."

They also provide pastoral care visits for safety assessments, help members and family prepare for death, offer the sacrament of Administration, and conduct hospital visits.



Denise and President Savage making a home visit to an Anaheim, California congregant.

Based on the age demographics in each congregation, work has begun to identify everyone on the membership list, research local resources available for seniors and begin a networking system to meet specific needs for transportation, food, safety equipment, and socialization.

## **Family Camp Classes**

"Next time you see Nancy and me we will each be 70 pounds lighter", stated Don as he dropped me off at the airport. The HMA health class at their reunion about nutrition, choices, disease and how scripture addresses health and wholeness sparked this life altering attitude and desire to change.

The previous year Nancy was at a different reunion with HMA health classes and wanted her mission center to have this intergenerational, hands-on learning opportunity.

If you are interested in Health Ministries offering a class at your family camp or retreat, contact Paula or Diane at 816-833-1000 X 1262.

## **Congregation Health Promotion**

Short "health promos" are available for bulletin inserts, newsletters, emails, discussion starters. This year has focused on areas of Congregational Health Ministry. Recent additions include:

- Extending the Communion Table
- Laying on of Hands
- Recognizing Addictions

Go to [www.HMACofChrist.org](http://www.HMACofChrist.org) each month to download for your congregation, classes, and priesthood helps.



*"Promoting Health  
with a Heart"*

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HMA Executive Director

Diane Rogers, B.A.  
HMA Executive Assistant

# International Ministries

## Guatemalan Nurses Network with Local Group Assisting Clinic Patients



Eddy now has a new sport wheelchair. He is a 7<sup>th</sup> grader born with spina bifida who developed pressure wounds on his buttocks. Guatemalan nurse Maria Lares examined Eddy during a home visit in Los Magueyes. Arrangements were made Eddy to be examined by a technician from Transitions, a USA based organization providing wheelchairs and prosthetics. Eddy and his family traveled to Antigua to be fitted for his new chair. This group also examines patients who

may benefit from surgery for their medical and orthopedic problems. The surgeries are then provided by physicians visiting from other countries.

"We continue to identify and collaborate with other not-for-profit organizations and groups helping Guatemalans" stated Amilcar Vielman, Community Health and Development Director.

## Healthcare and Education Needs Met in Honduras

La Buena Fe (LBF) Clinic remains open and cares for villagers this year with the help of HMA. Clinic and salary support donations have replaced funding from other organizations that has been discontinued. LBF clinic treated 242 patients traveling from 24 different communities last month. Medications and supplies for clinic operations are transported and purchased by visiting teams approximately every three months to replenish the supply shelves.

Jose Hernandez Bonilla is completing his 3<sup>rd</sup> year of medical school in San Pedro Sula. HMA is assisting with the medical school loan for this Honduran young man who plans to practice in rural communities.

Nineteen young ladies will graduate high school this year as part of the Future's education program. Since the program began in 2001, 48 girls have gone all the way through to graduation. Any additional education past the elementary level makes a big difference for these at-risk girls. For many, they are the first in their family to graduate high school. Also, this year 90 box libraries were disbursed to rural schools providing books for the children to read. This service assists in indentifying qualified students in more remote areas for the Future's program.

## Upcoming Events

### **HMA Board of Director's Meeting -**

January 15, 2011 @ Auditorium  
Independence, MO

### **Health Team to Honduras - January**

14-23, 2011 led by Pamela Stewart  
[Stewart@HMACofChrist.org](mailto:Stewart@HMACofChrist.org)

### **Health Team to Honduras – March**

2011 led by Ron Edwards  
[RonEdwards@hmaCofChrist.org](mailto:RonEdwards@hmaCofChrist.org)

### **Site Visit to Guatemala –**

Interested? Call now 833-1000 ext. 1418

### **HMA Open Membership Meeting –**

April 16, 2011 @ 2 pm at Auditorium,  
Independence, MO

### **9<sup>th</sup> Annual Health & Spirituality**

**Workshop-** August 19-20, 2011 @  
Temple in Independence, MO

## **Travel with HMA to Holland**

*March 27 – April 7, 2011* Enjoy Spring Tulips!

\$2,185 (includes air from Kansas City)

Price good till Nov. 8, 2010

Reservations: Call Grand Circle Travel at

1-800-597-2452, option #2. Ask to be placed

in Brookens Group Number ... G1 12634

Each group of 10 people benefits HMA \$2,000