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## HEALING HEARTS HERALD

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WINTER 2009

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### Guatemalan "Fiesta"

Health Ministries is having a "Fiesta" to celebrate an exciting year of amazing progress and success for HMA and our growing program in Guatemala. The Fiesta will take place April 25<sup>th</sup> at 6:00 pm in the Laurel Club of the Community of Christ Auditorium in Independence, Missouri.

Beautiful items from around the world will be offered in a silent auction and a special meal will be served. Amilcar Vielman, our community coordinator in Guatemala will be introduced. He and Ruth Humbert, our miracle-worker nurse in Guatemala, will present an update of Phase II, community development, outlining the many projects that are making such a wonderful difference in the lives of villagers in these communities. A live auction will take place following the dinner when people will have fun bidding for donations to our Guatemala projects.

Donations will support Phase II by empowering the Guatemalan villagers as they are stimulated to organize, investigate possibilities, and evaluate their plan to improve their lives and communities using the Outreach International participatory human development process.

The price to attend this banquet and fundraising event is \$25 per person and includes a Guatemalan gift to take home.

**For reservations or questions, or to donate items for the silent auction, please call Paula at the HMA office: 816-833-1000 X 1262.**

***Guatemala "Fiesta" Banquet  
6:00-8:30 PM (come early)  
April 25, 2009  
Auditorium Laurel Club***

### SITE VISIT TO GUATEMALA

HMA and Outreach International are planning a site visit to Guatemala May 23-30, 2009. The first 15 people to register for the trip will get to go.

Visitors will meet the local nurses trained by Ruth and the villagers impacted by the participatory human development process through training by Outreach International. Visitors will see the tilapia fish farm, newly constructed homes and chapina stoves, eco-filters, and tire gardens all implemented by the people themselves with the help of Ruth, Amilcar, the Guatemalan nurses, and Health Ministries Association members and donors.

The trip will include sight-seeing in Antigua, a tour of a coffee farm and Mayan ruins in the area. Consideration should be made for walking on rough terrain and limited access to amenities.

**For more information on costs and registration, call Diane SOON at the HMA office: 816-833-1000 X 1418.**

***HMA/Outreach International  
Guatemala Site Visit  
May 23-30, 2009***

# 2008 Annual HMA Report

## Local Impact:

- 30 Health education Classes taught to local after-school students
- 4 Health Fairs and community education classes conducted in Greater Kansas City area
- 86 Persons attended at 6<sup>th</sup> Annual Health & Spirituality Workshop in Independence, MO
- 3 Summer Family Camps with HMA Talks and Health Classes
- 6 Bulletin inserts on health topics made available for congregational health promotion
- Part-time Executive Assistant hired to assist with HMA duties and responsibilities
- Bylaw changes approved by current dues-paying members
- First Annual HMA Benefit Horse Show fundraiser

## International Impact:

- 63 Guatemala Village Health Clinics conducted
- 105 Eco-filters installed in Guatemalan houses for clean drinking water
- 271 Chapina Stoves built in Guatemalan houses for better health and safety
- 5 Homes constructed in Guatemala
- Tilapia farm constructed in Guatemala with graduated ponds and stocked with fish
- 1000+ Tires provided to Guatemalan families for vegetable and herb gardens
- Community Development Director hired for village programs in Guatemala
- First Dental education classes held in Guatemala
- 4 Medical teams provided health services in Honduras
- One Honduran medical student provided financial loan assistance
- 84 Traveling Libraries provided to Honduran schools so students have books to read
- 70 Young girls financially supported to continue their education to Jr High and High School
- \$2089 of funds contributed to support children at El Refugio Children's Home in Honduras
- 4 Soya workshops conducted in Honduran villages sponsored by World Hunger Grant

## HMA Board of Directors Nominations

HMA members current-on dues voted to change the bylaws last year for the 3 year Board positions to be elected on a rotating basis. On April 25, 2009 at the Open Membership meeting members current-on dues will be voting on the following nominations:

### 3 Year Term (expiring April 2012)

- Ron Edwards, MD
- Jean Brookens, RD
- Chris Stone, MD
- Catherine Zahniser, MD Psychiatry

### 2 Year Term (expiring April 2011)

- Diane Pulford, Neuro Tech
- Don Potts, MD
- Dawn McCoun Hatfield, RDH, LMT
- Gary Rummel, Sonographer

**The 2008 Financial Report and 2008 Annual Report is being sent to HMA members who have paid dues in 2007 or 2008. If you are receiving this newsletter, we value your support of HMA and extend the invitation to become a *current* members and active participant in Health Ministries Association.**

### Fulfilling current term expiring April 2010

- Dick Young, DDS
- Kathy Robinson, RN, MSN
- Pat Magle, MD
- Diana Guthrie, RN, PhD

**The Open Membership meeting will be held in North Conference Room on the 5<sup>th</sup> floor of Auditorium Sat. April 25, 2009 at 1 PM.**

# 7<sup>th</sup> Annual Health & Spirituality Workshop

The 7<sup>th</sup> Annual Health & Spirituality Workshop will be held August 21-22 at the Temple in Independence, MO. This year's workshop theme is "**Where is God In Times of Pain?**" The keynote Friday evening will be by Ward Foley, aka Scarman. Ward presented a session at the 2008 workshop and in the evaluations was requested to present again. The skill-building sessions will include:

- Responding to Financial Distress
- Freud Had It Wrong: Mental Health and Physical Illness
- Congregational Health Ministry: Introduction and Implementation
- Compassionate Listening
- Depression and Hope
- Families Juggling the Generations
- Scriptural Guided Imagery
- Drama and Worship to find God

The workshop will conclude with a session on personal worship and healing.

A brochure will be included in the next HMA newsletter or at [www.HMACofChrist.org](http://www.HMACofChrist.org) or by contacting the HMA office at 816-833-1000 ext 1262 or [HMA@CofChrist.org](mailto:HMA@CofChrist.org).



## HMA MISSION

To promote health care to the underserved and those in need.  
To advance health education enabling self directed care.  
To promote wellness of body, mind, and spirit.  
To network with others to advance health care.

## HMA VISION

To increase sustainable health and wellness by providing services and ministries that express our Christian commitment and promote peace.

## CONTRIBUTION AND/ OR MEMBERSHIP FORM

Information may be taken over the phone by calling 1-816-833-1000 ext 1262 Mon., Thurs., or Friday

Name \_\_\_\_\_ Phone \_\_\_\_\_ Occupation \_\_\_\_\_

Address \_\_\_\_\_

Email \_\_\_\_\_ Signature \_\_\_\_\_

Level of Membership: \$ \_\_\_\_\_ Member (\$25-\$99) \$ \_\_\_\_\_ Sponsor (\$100-\$249) \$ \_\_\_\_\_ Patron (\$250 & up)

Additional Contributions: \$ \_\_\_\_\_ Where most needed \$ \_\_\_\_\_ Guatemala Village Health Program  
\$ \_\_\_\_\_ Mission Health Teams \$ \_\_\_\_\_ Domestic Health Programs

Payment Method: \_\_\_\_\_ Check Mail to: Health Ministries Assoc. 1001 W. Walnut Independence, Mo 64050  
\_\_\_\_\_ VISA \_\_\_\_\_ MasterCard # \_\_\_\_\_ Exp. Date \_\_\_\_\_ Amt. \_\_\_\_\_

Pledge amount: \$ \_\_\_\_\_ monthly, \$ \_\_\_\_\_ quarterly. Will make by check \_\_\_\_\_, Make by credit card \_\_\_\_\_

Please email us at [HMA@CofChrist.org](mailto:HMA@CofChrist.org) to receive Guatemala updates and the e-newsletters.

## **GIVE A LIVING LEGACY**

This ***Mother's Day***, ***Father's Day***, and ***Memorial Day*** honor those you love and admire by giving a gift that keeps on giving! Contributions support all HMA programs in honor of your loved one. HMA will send a tax-deductible receipt to you for the gift and an acknowledgement to your honoree with a letter explaining how the contribution is helping others. With your contribution, please send the address of the loved one you are honoring to:

***Community of Christ Health Ministries Assoc. 1001 W. Walnut Independence, MO 64050***

## **UP-COMING EVENTS**

**Health Team to Honduras** – March 8-14, 2009 led by Ron Edwards, MD [edwardsronaldj@gmail.com](mailto:edwardsronaldj@gmail.com)

**HMA Open Membership Meeting-** April 25, 2009 1 PM North Conference Room Auditorium 5<sup>th</sup> floor

**Guatemala Fundraiser “Fiesta”-** April 25, 2009 6 PM Laurel Club of Auditorium in Independence, MO

**Guatemala Site Visit with Outreach International** - May 23-30, 2009 [drogers@CofChrist.org](mailto:drogers@CofChrist.org)

**Dental Team to Guatemala-** July 2009 led by Doug and Ginelle Sakima Roberts [ginelledds@gmail.com](mailto:ginelledds@gmail.com)

**HMA Board of Director's Meeting-** July 18, 2009 12 Noon at Auditorium Independence, MO

**HMA Benefit Horse Show-** August 15, 2009 Lone Star Ranch Kansas City, MO

**7<sup>th</sup> Annual Health & Spirituality Workshop-** August 21-22, 2009 at Temple in Independence, MO