



## Carbon Monoxide Danger

It's well known that **carbon monoxide (CO)** from car exhaust can be deadly if not properly vented to the outside.

But people can also become sick- and die- from breathing the carbon monoxide that may be produced from burning **common heating fuels** like wood, coal, fuel oil, kerosene, natural gas, and propane.

Carbon Monoxide is **odorless** and **colorless**, so it is difficult to detect.

### CO Exposure Symptoms

**Flu-like symptoms**- headache, nausea, dizziness, fatigue, irregular breathing, or eye irritation. When inhaled in even small quantities, CO is absorbed into the bloodstream where it interferes with the blood's ability to transport oxygen.

CO poisoning may cause **confusion, disorientation, physical collapse, and death**. The very young, the elderly, people with heart disease, and those under the influence of alcohol, drugs, or medication are particularly susceptible.



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## Indicators of CO Contamination

- Chronic headaches, nausea, or eye irritation when indoors
- An unidentified chronic odor inside the building
- Dying house plants
- Condensation on cool, indoor surfaces
- Discoloration or soot buildup at warm air outlets of the heating system
- Small animals or pets with exposure symptoms

## Warning Warning Warning

1. Get everyone to fresh air immediately
2. Call Fire Dept or 911
3. Seek medical assistance if symptoms of carbon monoxide poisoning persist
4. After Fire Dept. has determined the source of CO, turn off appliance
5. Open doors and windows to ventilate room or building

Carbon Monoxide detectors are available at hard-ware stores. Read insert for proper placement in the home. *Have you **replaced the batteries in your smoke detector?** The Fire Dept. has free smoke detectors!!*

"... wisdom entereth into thine heart, and knowledge is pleasant unto thy soul; Discretion shall preserve thee, understanding shall keep thee" Proverbs 2:10-11

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