

## "UNDERSTANDING DEATH & DYING"

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This important training video will educate staff in the psychosocial aspects of end-of-life issues, including-

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Staff Development Director

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## **DEATH AND DYING RESOURCES**

Please visit our website, [www.goodendings.net](http://www.goodendings.net), under PUBLICATIONS, for BOOKS:

On death education

On caring for the dying

On dying in our prisons (AIDS)

On the Good Endings Program (See the article in the September 2004 issue of Nursing Homes Magazine)

CD'S: Music for the dying (Bedside harp)

Music for funerals/memorial services (piano/vocals)

Music for relaxation (harp)

These CD's have been reviewed in the August 2004 issue of Creative Forecasting magazine.

VIDEO: 53 minutes. Death education for caregivers. Includes an instructional packet of handouts.

Suggested resources for: Nursing, Gerontology, Allied Health, Psychology, Sociology, Social Work, Thanatology, Pastoral/clergy education, Criminal justice/Corrections, libraries, Hospice, Funeral/mortuary sciences, bookstores.

[www.griefworks.org](http://www.griefworks.org)

**FACTS ABOUT GRIEFWORKS:**

GriefWorks, an independent nonprofit organization, has served over 5,370 children, teens, adults, & seniors in Pierce & South King Counties since 1998.

GriefWorks staff makes "house calls." Many of the children, teens, and families served by GriefWorks are coping with overwhelming grief issues from sudden or traumatic losses, accidents, heart attacks, cancer, untimely death, suicide, violence, or multiple deaths.

GriefWorks' objective is to help people understand the grieving process and to assist in reducing the fear, anxiety, and isolation surrounding death and loss.

A variety of workshops and trainings on grief issues are available for school staff, mental health counselors, medical staff, church workers, funeral coordinators, youth leaders, hospice workers, and senior caregivers. GriefWorks is committed to equipping other professionals with skills and tools to serve grieving children and their families. Crisis debriefing and trauma intervention is available.

GriefWorks staff is Certified in Thanatology: Death, Dying, and Bereavement through the Association of Death Education and Counseling (ADEC).

GriefWorks does not do therapy. Trained bereavement specialists provide short-term support and education for grieving clients. All fees for services are on a sliding rate scale & scholarships are available. GriefWorks is a public charity and all donations are tax deductible.

#### ANNOUNCING

#### DEATH AND BEREAVEMENT AROUND THE WORLD

VOLUME 3: Death and Bereavement in Europe

Edited by John D. Morgan and Pittu Laungani:

Death, Value and Meaning Series

Series Editor: John D. Morgan

In *Death and Bereavement Around the World, Volume 3: Death and Bereavement in Europe*, the contributors explore attitudes, funeral practices, and end-of-life care in the European countries. The scope of this volume ranges from the highly developed hospice and bereavement programs found in the United Kingdom to the newly developed programs in Croatia. The "new Europe" is reflected in the cooperation among services across Europe. While services maintain their national identities. Religion continues to exert its influence throughout Europe, notably in Greece. Much of the volume's focus is on funeral rituals and burial customs and the distinctive changes in funerals across Europe, especially in Germany. Practices in Poland, the Ukraine, and Russia are described, highlighting the differences among these countries despite the political unity imposed on them for 50 years.

#### INTENDED AUDIENCE

This work will be useful to those interested in death and bereavement issues, and particularly useful to health care practitioners, academics, librarians, clergy, counselors, and immigration officers.

Format Information: 6w x 9w. 224 pages Cloth, ISBN: ()-89503-236-8, \$44.95 plus \$5.50 postage and handling  
Paper, ISBN: ()-89503-237-6. \$33.95 plus \$5.50 postage and handling

#### ANNOUNCING

*Re-membering Lives: Conversations with the Dying and the Bereaved*

Lorraine Hedtke and John Winslade

Death, Value and Meaning Series

Series Editor: John D. Morgan

Grief is frequently thought of an ordeal we must simply survive. This book offers a fresh approach to the negotiation of death and grief. It is founded in principles of constructive conversation that focus on "re-membering" lives, in contrast to processes of forgetting or dismembering those who have died. Re-membering is about a comforting, life-enhancing, and sustaining approach to death that does not dwell on the pain of loss and is much more than wistful reminiscing. It is about the deliberate construction of stories that continue to include the dead in the membership of our lives. The book specifically rejects common assumptions about the need to seek closure, complete unfinished business, work through stages, or say final goodbyes. Re-membering also rejects the idea that relationships end when biological life ends. Lorraine

Hedtke and John Winslade offer this innovative approach by weaving inspiring stories with accessible practices that can be used by professionals and others to ease the transitions that death brings. The book demonstrates and illustrates the practical implications of recent and radically divergent thinking in the field of death and grief. It is a book that has the potential to startle and at the same time to bring fresh hope and comfort to many who walk in the valley of the shadow of death.

#### INTENDED AUDIENCE

Primary audience: Mental health practitioners, including family therapists, case workers, social workers, psychologists, counselors, and psychiatrists, medical professionals, including physicians, nurses, and social workers; those who work with the dying and bereaved. Including clergy, hospice workers, bereavement counselors, and funeral directors and planners; students and professionals taking courses in psychology, Gerontology, counseling, pastoral theology, Thanatology, nursing, and social work.

Secondary audience: Educated lay readers who have experienced the death of a loved one or are anticipating this experience, and those wishing to enhance their understanding and to seek a fresh approach to the topic of death and dying.

Format Information: 6" x 9", 152 pages,

Cloth ISBN: 0-89503-285-6, \$32.95 plus \$5.00 postage and handling

#### ANNOUNCING

##### PET DEATH

Sandra Helene Straub

Death, Value and Meaning Series

Series Editor: John D. Morgan

In *Pet Death*, Dr. Straub addresses issues and feelings commonly encountered after the death of a pet.

Practical guidelines are provided for coping with feelings of loss and sorrow. Many questions arise from the difficult topic of euthanasia, and in this book, the medical aspect of this procedure is explained in simple language. The book also presents constructive methods and suggestions to help determine when is the right time to euthanize a terminally ill pet and how to tell the children. "Are your other pets grieving?" and "Should I get another pet right away?" are other questions addressed. Dr. Straub and others openly share their personal accounts of pet loss. *Pet Death* will touch and comfort anyone who has been, is, or will be a pet owner.

Dr. Straub uses her own personal experience as well as her education in mental health counselling to help others understand what they are feeling following the death of a pet. If you are anticipating or coping with the loss of a pet in your life and wish to better understand the grief that accompanies such a loss, *Pet Death* will provide you with the information, comfort and support you need. As you travel along your journey of grief, what you'll find on these pages is meant to acknowledge and honor your sadness - to help you make some sense out of what you are feeling. *Pet Death* was written to prepare you for what to expect in grief and to help you find meaning, growth, and healing along the way.

#### INTENDED AUDIENCE:

*Pet Death* is intended for counselors, teachers, clergy, medical personnel, caregivers, veterinarians, and anyone who has suffered the death of a pet.

#### FORMAT INFORMATION:

6" x 9", 174 pages, cloth

ISBN: 0-89503-282-1, \$34.95 plus \$5.50 postage and handling

#### ANNOUNCING

##### SUICIDE BY COP: Committing a suicide by Provoking Police to Shoot You

Marl Lindsay and David Lester

Death Value and Meaning Series, Series Editor: John D. Morgan

The phenomenon of suicide by cop has increased in frequency in recent years, creating great concern in the law enforcement community. In suicide by cop, an individual behaves so as to provoke police officers into attempting to disarm him, sometimes killing him in the process. For example, an individual may hold a gun and advance toward police officers, refusing to stop or drop the weapon. It has proven difficult to distinguish these acts from those in which there is no justification for police officers' killing an individual, and from those in which a person is killed during a confrontation with the police, but had no suicidal motivation. Criminal penalties for the police officers involve civil and criminal lawsuits by the relatives of the deceased person depend critically on these distinctions. This book examines what we know about the phenomenon of suicide by cop and places this behavior in a broader context. For example, some murder victims (perhaps as many as a quarter) provoke the murderer, to some extent, into killing them - so called victim precipitated homicide. In some cases, it has been suspected that the murderers kill and act thereafter in a way as to provoke the state into executing them. The authors then examine some of the issues specific to suicide by cop, such as whether there is a

racial bias in these acts and what the legal implications are. Finally, they discuss the process of hostage negotiation (since those involved in suicide by cop often take hostages during the confrontation with police), the need to provide counseling for police officers involved in suicide by cop incidents, and how we might reduce the incidence of this behavior.

**INTENDED AUDIENCE**

Suicidologists and thanatologists in general, law enforcement personnel, and students in any courses that deal with suicides.

Format Information: 6"x9", 128 pages, cloth

ISBN: 0-89503-290-2, \$32.95 plus \$5.50 postage and handling

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**“Responding to Loss: A Resource for Caregivers” by Adolf Hansen (Baywood Publishing)**

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From: "John Morgan" [griefeducation@rogers.com](mailto:griefeducation@rogers.com)

As a professional with an interest in grief and bereavement, you will be pleased to learn about this innovative On-Line Certificate Program in Bereavement Education. New this year, TAPE Educational Services and John D. Morgan, with the support of Mothers Against Drunk Driving (MADD Canada), offer you an exciting opportunity to complete this Certificate Program on-line. For further information:

[info@advancedprofessionaleducation.com](mailto:info@advancedprofessionaleducation.com)

[www.advancedprofessionaleducation.com](http://www.advancedprofessionaleducation.com)

## *Why am I still bleeding?*

I knew it was going to be a bad night. The hospital had me running all day long, the evening chaplain was paged in several times, and I was covering, 10:00 pm – 7 a.m. It means that, at best, I would sleep restlessly.

Then came the roar of the beeper, always a piercingly loud annoyance in the middle of the night. Surgical Heart Unit. Out of bed. Get dressed. Off to the hospital. After spending considerable time with the family, they wanted to spend some time in the family room calling relatives. I returned to my office, acknowledging that there would be no sleep, but I could at least get through some of the endless paper work.

A book to review came wrapped in a thin plastic. I grabbed my scissors to break it open and, OUCH! – I cut myself. I didn't even notice at first. It was the tiniest of cuts on my finger. There was blood everywhere. On the book. On my desk. On my hand. What a night. No sleep. A very sick patient. Now a bloody mess. I put a band aid on it, yet I could see through the cover the stubborn determination to keep on bleeding. The ER nurse cleaned it and covered it. It settled for a while.

Later in the morning, while visiting another patient, I noticed that the band aid was again moist, and I changed it. That finger was determined to remind me that it was cut, bruised and in need of healing. Later in the day, while eating a snack I was again bleeding, now on the spoon and bowl.

Now my feelings were changing. Enough is enough! A tiny cut. Too much blood. A mess. Plus all of it pointing the way to yet another reminder that I not lost blood, but a good bit of sleep. How much is enough?

Grief is a lot like the cut in my finger. We bleed, often messily, in controlled fashion, and usually at times that are seldom convenient. When a loved one (or other loss) is literally “cut” from us the bleeding pulses through our veins. The deeper the love, the deeper the cut. Bleed we must. We also need to care for ourselves, but not be too quick to grab a band aid. This isn't a band aid offense. It is grief. We are bereaved. The cut is there. The blood is there. Eventually, the scar, the healing, and we begin to look less at the cut and more at the person, the story, the memories.

Don't cover the grief; embrace it. Don't fear it. Experience it, maybe even applaud it at times. Shed tears for the pain and a hint of smile as the blood flow lessens. My finger now has a small scar. I will remember the incident, and probably be more careful when using scissors. Our lives are filled with love and, with love, there are scars. A love lost; a love regained in new and different ways.

In that flow of blood are our feelings, and also our faith or beliefs. Sometimes our beliefs, God, our values, are flowing as messily and uncontrollably as the blood. We want to keep our spirituality neat and tidy. After all, if we can keep our beliefs “dependable,” structured and predictable, then we are “prepared” for everything. Faith, like love, is always a leap, always a wandering, rich in predictability and equally steeped in the surprises and the detours. Faith's “stability” is that we can accept the bleeding as an important flowing from a loss and the acknowledgement of our love. Faith doesn't cover up the wounds like a band aid, but respects them. Faith doesn't run from the bleeding, but contains it with love and spirit so that it cleanses and flows toward healing.

It was a messy cut during a very long night for a very over tired chaplain. It probably is like that for all of us. In the unpredictability of life and love there is a dependability in our faith, the courage to feel, the daring to hope, and the strength to grieve and seek.

*The Reverend Richard B. Gilbert, Ph.D., BCC, CT*  
Sherman Health Systems, Elgin, Illinois  
The World Pastoral Care Center  
(For the Spring, 2005, issue of *Bereavement Magazine*)

It is very risky to prepare such a brief list. Some will object that their book is omitted. Others might recommend a better book on that particular subject. While it is very subjective in many ways, we work with these resources (and most of the authors) all the time and just wanted to give you a *basic* list to get you started. *This bibliography may be copied, quoted or reprinted with credit given.*

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