

# FACTS

- 1/3 of Jesus' recorded ministry was healing and wholeness.
- Jesus never asked how persons arrived in their poor health state. He encouraged them to choose wholeness.
- According to Mayo Clinic, almost 50% of disease is avoidable by lifestyle changes.
- Community of Christ and other faith communities support healthy lifestyles.
- Health care costs are rising.
- More people want health care.
- Chronic diseases are increasing.
- There are fewer resources.
- More adults are working leaving fewer to care for others in the home.

## HMA MISSION

To provide health care to the underserved and those in need.

To advance health education enabling self directed care.

To promote wellness of body, mind, and spirit.

To network with others to advance health care.

# INVITATION TO JOIN

Name \_\_\_\_\_

Address \_\_\_\_\_  
\_\_\_\_\_

Phone \_\_\_\_\_

Email \_\_\_\_\_

Occupation \_\_\_\_\_

Congregation \_\_\_\_\_

## Financial Support of Health Ministries Assoc.

\$ \_\_\_\_\_ HMA General Fund

\$ \_\_\_\_\_ Cong. Health Ministry

\$ \_\_\_\_\_ Membership Dues

Member \$25-\$99

Sponsor \$100-\$249

Patron \$250 and up

\$ \_\_\_\_\_ Total Tax Deductible

Contribution

Please make checks to:

Health Ministries Association

Community of Christ

1001 W. Walnut

Independence, MO 64050

Mastercard/VISA #  
\_\_\_\_\_

Exp. Date \_\_\_\_\_

# CONGREGATIONAL HEALTH MINISTRY



Sponsored by  
**Community of Christ  
Health Ministries Assoc.**

1001 W. Walnut

Independence, MO 64050

816-833-1000 ext 2262

[HMA@CofChrist.org](mailto:HMA@CofChrist.org)

[www.hmaCofChrist.org](http://www.hmaCofChrist.org)

# CONGREGATIONAL HEALTH MINISTRY

May include:

## Pastoral Team Support

- Responds to congregants seeking a stronger healing and wellness emphasis
- Helps pastors, priesthood, and congregants with health issues and the healthcare system

## Education

- Provides and organizes health education classes
- Informs people of community resources

## Counseling

- Shares personal health related information
- Supports persons facing health problems and crises

## Pastoral Skills

- Connects the spiritual aspects of health and wholeness
- Listening and communication skills that lead to conflict and problem resolution
- Notes health problems and the possible barriers to worship participation

## Advocacy

- Coordinates with health/social service professionals on behalf of persons
- Advises individuals on steps to empowerment

## HEALTH MINISTRY ASSOC. OFFERS SUPPORT...

To introduce the concept of intentional health ministries in the congregational setting.

To encourage the use of health professionals' knowledge and skills in the congregation.

To provide materials and educational opportunities for those serving in their church.

To provide a support network that exchanges ideas, resources, and educational materials for those involved in health ministry.

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## ORIGINS OF CONGREGATIONAL HEALTH MINISTRY

Every major religion acknowledges the relationship between physical, mental, and spiritual health.

Beginning in the 1970's in the U.S., nurses began to volunteer health and wellness information to the pastor, assist with finding health resources, and provide support to church members during illness. This ministry came to be known as parish nursing or congregational nursing. This growing specialty role DOES NOT perform invasive procedures or perform technical nursing skills.

Continuing changes in health care systems and increasing health concerns challenges churches to be centers for healing and health. Community of Christ Health Ministries Association is committed to developing intentional health ministry in as many congregations as possible. Each leadership team should include a health minister!

**H- Health counselor**

**E- Educator of wholistic health**

**A- Advocate/resource person**

**L- Liaison to community services**

**T- Teacher of volunteers, support groups**

**H- Healer: body, mind, and spirit**